

# Mile High Mountaineer

The newsletter of the Denver Group of the Colorado Mountain Club



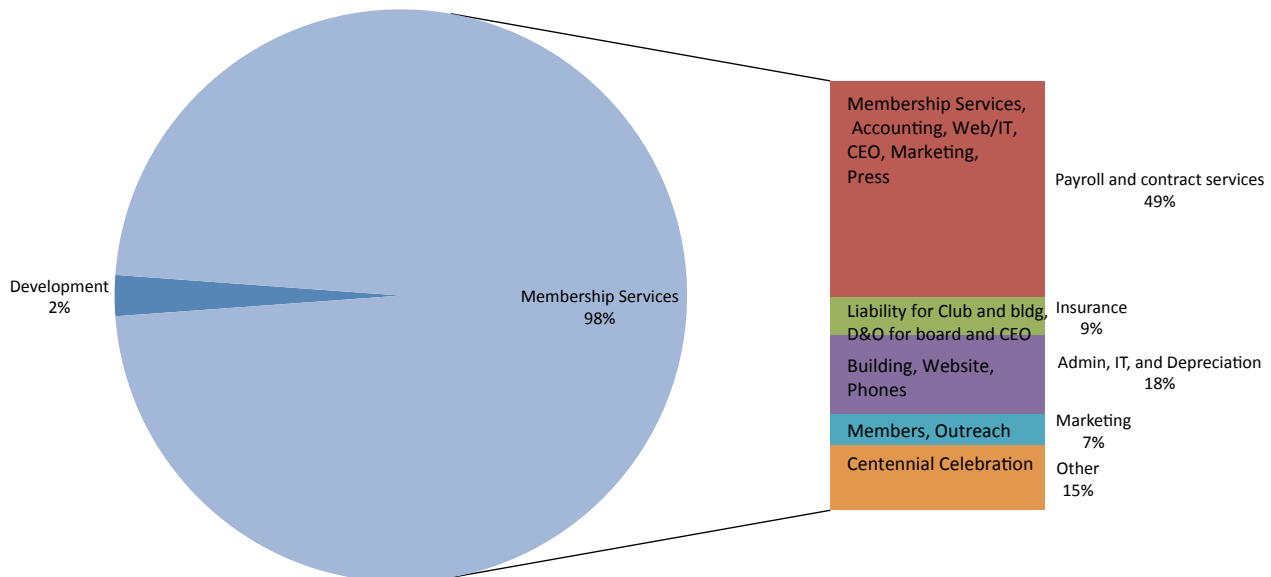
March  
2013

Volume 45, No. 3

[www.hikingdenver.net](http://www.hikingdenver.net)  
[www.cmc.org](http://www.cmc.org)

## WHERE DID YOUR STATE MEMBERSHIP DUES GO IN 2012?

Your Annual CMC Membership Dues consist of both State Dues and Group Dues. This graph, provided by former State Board President Alice White, illustrates how the State Dues collected are used.



- Analysis based on FY 2012 Budget (including allocated costs).
- Fundraising keeps individual dues down. Conservation and Education rely heavily on fundraising in order to use limited funds from member dues.
- Marketing is acquisition of new members, membership retention, outreach, and group marketing

## ECKART RODER EDUCATION FUND DINNER - MARCH 28

**6:00 PM Social; 6:30 PM Potluck Dinner; 7:00 PM Presentations** by 2012 AIARE Level 1 Scholarship Recipients and a presentation of previous Grand Canyon Trips by Blake Clark & Rosemary Burbank \$15 Tax Deductible Contribution to Eckhart Roder Education Fund; Addittional Gifts Welcomed Register online [www.cmc.org/Roder](http://www.cmc.org/Roder)

Enjoy an evening with CMC friends while supporting important CMC educational programs! Bring a dish to share and continue to build Eckhart Roder's legacy.

The Eckhart Roder Education Fund was established in 2003, in memory of Eckhart Roder who was a long-time member of the Colorado Mountain Club. Eckhart exemplified the values of mountain safety, responsibility and courtesy, which are the Fund's priorities.

In both 2011 & 2012 the Eckhart Roder Education Fund allowed the Denver Safety & Leadership Committee to award 50% scholarships for avalanche education in Denver Group's AIARE Level 1 Schools.

Blake Clark and Rosemary Burbank will share inspiring photos and stories from their

many trips to the Grand Canyon, including rafting, hiking, and backpacking in this spectacular World Heritage Site.

The Eckhart Roder Education Fund provides support for the educational programs of the Denver Group of the CMC but may also be used for any CMC education programs as recommended by the Advisory Committee.

Grant applications are available by contacting Brenda Porter at [brendaporter@cmc.org](mailto:brendaporter@cmc.org) or by calling 1-800-633-4417 ext 2. Deadline for application is May 31, 2013.

## CALENDAR OF EVENTS

For more information about schools, speakers, volunteer opportunities, and special events, go to [www.cmc.org](http://www.cmc.org) and click on PROGRAMS. To see member-only schools and seminars, you must first sign in as a member.

DATE	START TIME	EVENT
1-Mar	6:00 PM	Open Wall Climb
3-Mar	8:00 AM	Wilderness First Aid
5-Mar	6:00 PM	Open Wall Climb
6-Mar	6:30 PM	BMS Instructor Orientation
7-Mar	6:30 PM	Ski Mountaineering
7-Mar	6:30 PM	DG Conservation Meeting
11-Mar	6:30 PM	BMS Lecture 1
13-Mar	6:30 PM	Denver Group Council
13-Mar	6:00 PM	Open Wall Climb
14-Mar	6:30 PM	Ski Mountaineering
15-Mar	6:00 PM	Mountain Fest
18-Mar	6:30 PM	Denver Safety & Leadership Committee
18-Mar	6:30 PM	BMS Lecture 2
19-Mar	6:30 PM	New & Prospective Member Orientation
20-Mar	6:00 PM	Open Wall Climb
21-Mar	6:30 PM	Ski Mountaineering
21-Mar	7:00 PM	Fly Fishing Presentation
23-Mar	7:30 AM	Fly Fishing Instructor Orientation
26-Mar	6:30 PM	WTS Instructor Orientation
27-Mar	6:30 PM	Fly Fishing School
28-Mar	6:00 PM	Eckart Roder Fund Dinner
2-Apr	6:30 PM	WTS Lecture
3-Apr	6:30 PM	Fly Fishing School

**It's ALL FREE!**  
Drinks and Music from 6-9 pm

GET YOUR ADVENTURE ON AT THE

# 11th Annual Mountain Fest 2013

[cmc.org/mountainfest](http://cmc.org/mountainfest)

Rock Climbing for the Entire Family  
\$25 Membership Discounts  
Free & Family Friendly  
Outdoor Skills Clinics  
Lots of Giveaways!  
**FREE** Drinks and Music

 March 15, 2013 • 6-9 pm • Golden  
American Mountaineering Center

## Save the Date!

## BANFF MOUNTAIN FILM FESTIVAL WORLD TOUR

Journey to exotic locations, paddle the wildest waters & climb the highest peaks at some of the most captivating locations in the world.

**Paramount Theater**, Denver

February 28, Thursday and March 1st, Friday

*(Each evening features different films from the 2012/2013 Banff Mountain Film Festival)*

**Doors Open 6:00pm**; Event Begins 7:00pm

**Tickets:** \$15 available at CMC, REI Denver, Englewood & Lakewood Locations, the Paramount Theatre and Ticket Horse

Tickets purchased through Ticket Horse will incur additional service charges. Tickets purchased through CMC website may be done on-line at [cmc.org](http://cmc.org).

No paper tickets are mailed if you purchase through [cmc.org](http://cmc.org).

All sales final – no refunds or exchanges

**ALL PROCEEDS BENEFIT CMC**



*Dry Land Travel Day, Eldorado Canyon, 5/12/2011 (Unexpected snow fall the night before changed Dry Land Travel into Snow Travel.)*

*Photo by Warren May*

# Denver Group ABBREVIATED ACTIVITY SCHEDULE March 1 - March 31, 2013

(as of February 11, 2013).

TO SIGN UP AND GET THE MOST UP-TO-DATE ACTIVITY SCHEDULE GO TO:

[cmc.org](http://cmc.org)→[trip schedule](#)→[login](#)→[group](#)→[Denver](#)

DATE	TRIP TITLE	TYPE	LEADER	PHONE NUMBER
1-Mar	Evergreen Mtn 8,536'	Difficult A	Earl Beam	303-989-0510
1-Mar	AMC Climbing Wall	Climbing Wall	Kathryn Dremann	970-218-5548
2-Mar	Pegmatite Points 12,227'	Moderate C	Mark Wolf	303-978-0826
2-Mar	Vail Pass to North Tenmile Creek	Adv. I Ski Tour	Ginger Ellis	303-377-3896
2-Mar	Bruno to Kirby Gulch I-70/285 SS Series	Mod. Snowshoe	Linda Lawson	303-793-0144
3-Mar	Map & Compass Skills Day	Easy A	Nathan Atkins	303-586-4024
3-Mar	Windy Pk. 11,970'	Difficult C	Renata Collard	303-617-4773
3-Mar	Ski Copper Mountain	Downhill Ski Trip	Tim Gattone	720-987-5534
5-Mar	Pennsylvania Gulch I-70/285 SS Series	Mod. Snowshoe	John Walters	720-344-0504
5-Mar	AMC Climbing Wall	Climbing Wall	Kathryn Dremann	970-218-5548
6-Mar	Bluffs Regional Park, Lonetree	Easy A	Linda Jagger	303-759-9776
7-Mar	Heart Lake	Diff. Snowshoe	Nicholas Browne	303-335-5562
9-Mar	E - W Regional Trail Car Shuttle: Suburban Hike Series	Moderate A	Anne Keil	303-733-7360
9-Mar	Baldy Bowl Tele	Mod. III Ski Tour	Dave Callais	303-237-3726
9-Mar	Mayflower Gulch Telemark Tour	Mod. III Ski Tour	Cathy McBirney	303-233-7986
9-Mar	Tanglewood Trail I-70/285 SS Series	Mod. Snowshoe	John Walters	720-344-0504
9-Mar	Forest Lakes	Diff. Snowshoe	Mark Wolf	303-978-0826
9-Mar	Colorado Pass Leader's Choice	Downhill Ski Trip	Linda James	303-783-3849
10-Mar	Heart Lake	Mod. III Ski Tour	Jeffery Cole	303-263-1760
12-Mar	Bakers Tank Trail I-70/285 SS Series	Mod. Snowshoe	Linda Lawson	303-793-0144
13-Mar	Fern Odessa Gorge	Diff. Snowshoe	Richard Lilley	720-493-9702
13-Mar	AMC Climbing Wall	Climbing Wall	Kathryn Dremann	970-218-5548
15-Mar	Watrous Gulch	Diff. Snowshoe	Sherri Durman	303-989-8259
16-Mar	Forest Lakes I-70/285 SS Series	Diff. Snowshoe	John Walters	720-344-0504
16-Mar	Breckenridge and Frisco Nordic Centers	Nordic Center	Tim Gattone	720-987-5534
17-Mar	Shawnee Pk. 11,927'	Easy D	John Collard	303-617-4773
17-Mar	Battle Mtn 12,044'	Diff. Snowshoe	Roger Leikas	303-548-4433
17-18 Mar	Shrine Mt Inn	Diff. Snowshoe	Linda Jagger	303-759-9776
19-Mar	Tie Hack Trail I-70/285 SS Series	Mod. Snowshoe	Linda Lawson	303-793-0144
20-Mar	Castlewood Canyon	Moderate A	Linda Jagger	303-759-9776
20-Mar	Wall Climb	Climbing Wall	Ken Gurvin	303-980-1353
21-Mar	Loveland Pass to Porcupine Creek	Mod. Snowshoe	Stan Moore	303-929-7802
22-Mar	Mt. Galbraith 7,260'	Easy B	Dan Kunz	303-278-0638
23-Mar	Black Lakes Tele	Adv. I Ski Tour	Dave Callais	303-237-3726
23-Mar	Flume Trail I-70/285 SS Series	Easy Snowshoe	Linda Lawson	303-793-0144
24-Mar	Wild Basin Ranger Station	Easy Snowshoe	Daniel Ondrejko	720-301-4639
24-Mar	Ski Copper Mountain	Downhill Ski Trip	Tim Gattone	720-987-5534
24-25 Mar	Eiseman Hut	Diff. Snowshoe	Phil Healey	720-308-7721
26-Mar	McCullough Gulch	Mod. Snowshoe	Janet Martel	303-929-5950
30-Mar	Mount Wilcox 13,408'	Easy C	Mark Wolf	303-978-0826
30-Mar	Ski Mountaineering School	Mod. III Ski Tour	Michelle Jung	303-449-2769
30-Mar	Current Creek	Mod. Snowshoe	Don Koza	303-973-9655
30-Mar	Rainbow Lakes Rd I-70/285 SS Series	Mod. Snowshoe	John Walters	720-344-0504

## TRIP SIGNUP

To register for CMC trips online, go to [www.cmc.org](http://www.cmc.org), sign in as a member, and click on TRIP SIGNUP. Search by whatever criteria you like; fewer criteria work better. Call the office at 303-279-3080 x 2 if you need your password or any assistance.



# DENVER GROUP SCHOOLS

For more information and to register for Denver Group Schools, go to [www.cmc.org](http://www.cmc.org), log in as a member, and go to PROGRAMS, EDUCATION. Members of other CMC Groups are welcome to attend these schools for a \$10 surcharge. Denver Group Standard Refund Policy: "Student/Participant requests for refunds of tuition/fees must be requested in writing to the appropriate school or event director. Requests made prior to 30 days before the beginning of the school/event will be processed less a \$10 handling fee. Requests made within 30 days of the school/event will be refunded at 50% of the amount paid. No refunds will be made after the beginning of the school/event. However, a refund less \$10 can be obtained if a person is found to take the original student's place in a school."

## Wilderness First Aid

Carol Giffen, Membership Services 303/279-3080 X2  
DG Trip Leaders/School Instructors \$42; DG  
Members: \$84; Non DG Members \$94

### Four Sessions:

**Session 2:** Sunday April 14 and Saturday April 20

**Session 3:** Sundays September 15, 22

**Session 4:** Monday October 7, 14, 21; all day  
Saturday September 26

**Evening Lectures:** 6:30-9:30 PM; weekend sessions  
start at 8:00 AM

Register online for Session 2: Session 3 open when  
Session 2 complete

The Denver Group offers a comprehensive and nationally recognized Wilderness First Aid (WFA) program. The course follows a standardized program through the Emergency Care & Safety Institute and consists of 10 hours of lecture, 6 hours of practical experience, and both written and practical exams. Topics include patient assessment, environmental emergencies, trauma, splinting, medical emergencies, altitude illness and insect and animal bites. A comprehensive textbook is included in the fee. A Wilderness First Aid card is issued upon completion. The course is open to all CMC members regardless of experience. Those with experience are encouraged to use this comprehensive course as a refresher and practice skills we rarely need but are critical to know when we do need them.

## Denver Group Trip Leader School

Uwe Sartori, [uwesartori@mac.com](mailto:uwesartori@mac.com)  
May 7, September 24, and November 12  
\$10 Denver Group members/  
\$20 non DG members

Completion of the Trip Leader School is the first step in becoming a Denver Group trip leader. It is open to all members in good standing over 18 years of age, regardless of technical climber, hiker or skier classification.

### Requirements:

- CMC membership current paid status
- Three CMC trips completed prior to registering for the class. At least two of the three trips must be in the activity in which the applicant intends to lead or instruct (climbing, hiking, backcountry ski, or snowshoe trips, fly fishing, etc.)

Topics include group dynamics and leadership styles, leader responsibilities, liability issues, medical concerns, environmental concerns, planning a trip, screening potential trip participants, organizing the group, and carrying out a safe trip. The format is one evening of on-site class. Reading materials are available on-line (see [hikingdenver.net](http://hikingdenver.net) under the Trip Leader School) and a test will be e-mailed to the enrollees ahead of time. The students must read the material before the class and pass a written test. The evening class will consist of a Q&A

period followed by scenarios to be discussed in small groups. Interested members should register on-line through the [cmc.org](http://cmc.org) under Programs, Education or through the CMC Office.

## Fly Fishing School

**Dates:** Lectures 6:30-9:15pm, March 27 & April 3; 6:00-8:30pm April 10th;

All lectures at AMC, Golden

**Field trips:** April 13-7:30am - 3:00pm Lake Lehow; April 20 - Senior Instructor's Choice of location, duration and time

**Registration deadline:** February 24

**Fee:** \$145 DG members; \$155 non-DG Members

**Maximum:** 35 students;

**Register:** [www.hikingdenver.net](http://www.hikingdenver.net) or [www.cmc.org](http://www.cmc.org)

If you enjoy the streams and lakes of the Rockies and would like to fish at your destination this is the school for you. The school is designed for beginners and the inexperienced. Basic information regarding gear, knots, insects, trout behavior and casting is taught. Tuition covers three evening classes, two days of on-stream instruction, a 100-page handbook, many accessories and 24 flies. An optional shopping night is offered on Thursday, April 4th. Students supply their own rod, reel, line, waders, boots and license. This is a great way to prepare for CMC Fly Fishing trips.

After graduation from the FF School, students should reserve May 3, 4, and 5 on your calendar. This is the first FF trip after the school and is one of the best trips of the year. The trip is designed to let you practice your newly learned FF skills. You will fish in small groups with our experienced members. You will be able to register for this trip after January 1st on [cmc.org](http://cmc.org), select the Programs tab, Education.

## Ski Mountaineering School

**Dates:** Lectures: March 7, 14, 21 from 6:30-9:30 PM at AMC, Golden

**Field trips:** March 30, April 13, 27 & May 11, 24-26

**Prerequisites:** WFA, AIARE Level 1 Avalanche School or approved equivalent

**Registration:** by application.

**Fee:** \$140 DG & \$160 non-DG Members

**School Directors:** Michelle Jung or Brendan

Reiss at [sms@hikingdenver.net](mailto:sms@hikingdenver.net)

Visit our website at <http://www.hikingdenver.net/schools/skimountaineeringschool>

### Interested in taking your downhill skiing skills into the BACKCOUNTRY?

Join us for the Ski Mountaineering School, offered in spring 2013 by the Denver Group. The school is intended to develop the skills, attitudes, and awareness needed for ski mountaineering tours. Such tours might include ski descents of Colorado's 13'ers and 14'ers, and ski traverses

and ski mountaineering routes in Europe and Canada. Some of the topics covered include trip planning and preparation, appropriate ski gear and equipment, helpful backcountry ski techniques, route finding, and avalanche assessment.

If you have not completed an avalanche course with at least a two full days of field practice, you should enroll in the 2013 CMC AIARE Level I Course Session 1 or Session 2.

Participants using alpine touring, telemark, or split snowboard gear are welcome. This school is designed for members with a good level of fitness (should be able to hike 1,000 vertical feet in an hour), the ability to ski black diamond slopes at downhill ski areas, some familiarity with backcountry skiing, basic mountaineering skills and experience. The emphasis of this course is not on teaching ski techniques but to integrate ski equipment and skills into the mountaineering experience.

The course consists of 3 weekday evening lectures and 5 weekend field trips; the last field trip will be 3 days and nights of peak climbs and ski descents.

The school is also looking for instructors and assistant instructors with previous ski mountaineering experience.

## Wilderness Trekking School (WTS)

**Lecture Dates:** Tuesdays, April 2, 9, 23, 30, and May 14 @ 6:30 pm, Foss Auditorium, American Mountaineering Center, Golden

**Field Dates:** Your choice of Thursdays April 11, 18, 25, May 2 & 16; or Saturdays April 13, 20, 27, May 4 & 18; or Sundays April 14, 21, 28, May 5 & 19.

**Enrollment fee:** \$90 DGroup Members; \$100 non DG members, until March 26.

**Contact:** <http://www.hikingdenver.net/schools/wts> or 303/279-3080 Ext 2

Hiking in Colorado's mountains is fabulous recreation! WTS is for all - whether you want to bag a few 14ers - OR - just want to enjoy the scenery. WTS is a great introduction to the CMC and a place to meet new friends. WTS is CMC's largest school, a comprehensive course on mountain hiking. Students are all ages, from 18 to 80. If you're new to hiking, WTS gives you the opportunity to learn how to travel safely - and with confidence - in the backcountry. If you're an experienced hiker, WTS gives you a chance to review, to enhance your skills, and possibly to fill in some gaps. WTS also fulfills one of the requirements to obtain a DG C hiker classification and to attend Basic Mountaineering School.

Topics covered include:

- Essential gear, helping you decide what you need to buy and carry
- Off-trail travel techniques, from boulders and talus to tundra
- Map & compass skills, figuring out where you are, navigation and route-finding
- Weather, how to anticipate and handle wind, rain, lightning, and snow
- Nutrition, helping you choose what food to carry
- Handling an unexpected night in the backcountry and a backcountry emergency
- Snow travel and avalanche awareness, handling unexpected snow on the trail
- Leave No Trace practices

The course consists of five Tuesday night lectures, four field days, a group hike, and some homework (yes, really!). Students are assigned to groups of 10-12 people, based on hiking pace, conditioning, and prior experience. Instructor teams consist of a senior instructor and two assistant instructors. Students have the opportunity to learn techniques of safe backcountry travel and to practice in a non-competitive, non-confrontational setting. Students plan and complete a hike with their field group. WTS is a great place to learn and practice new skills, make new friends, and become a safe backcountry traveler. "I thought I knew a lot about hiking. Was I wrong! WTS taught me so much more than I imagined." –WTS Student

## Red Cross ADULT CPR/AED Class

April 4 Skill Sessions; AMC Golden

MINIMUM: 12 Students

Fee: \$60 No refunds unless class is canceled due to lack of minimum registration

Online registration is open between February 25 – March 15

M.Beatriz Silveira MD at [mbsilveira@aol.com](mailto:mbsilveira@aol.com)

Completion of class provides a 2 year OSHA compliant certification

A blended learning option of on-line, self paced learning and in-person skill sessions on April 4th throughout the afternoon and early evening provides greater convenience and efficiency for participants. You will have about 14 days to complete the online part. This is the first ADULT CPR/AED Session offered by Denver Group in several years.

**A co-director is needed at the CPR School.**

The applicant should be Red Cross Certified to teach CPR Classes. Contact: M.Beatriz Silveira MD at [mbsilveira@aol.com](mailto:mbsilveira@aol.com)

## Alpine Scrambling Course

Lecture: May 21, Tuesday 6:00-10:00PM: AMC, Golden

Field Day: June 1, Saturday

Fee: DG Members \$100; non DG Members \$125  
Deb Kirk, Alpine Scrambling Course Director,

[BMSdirector2010@gmail.com](mailto:BMSdirector2010@gmail.com)

For more info: <http://www.hikingdenver.net/schools/alpinescramblingcourse>

Alpine scrambling is non-technical climbing that involves off-trail travel, often over rock and snow. Most Colorado summits are accessible by scrambling routes. You can use the skills acquired in this course to reach the summits of hundreds of Colorado 14ers and 13ers. The goal of the course is to teach the skills needed to scramble enjoyably while minimizing risk with respect to the mountain environment.

Field trips of the course meet the criteria for CMC "C" trips, that is, up to 15 miles round trip and up to 3,500 feet of elevation gain. Participants should be prepared for strenuous physical activity and should be fit enough to climb 750 feet per hour. Scrambling also requires a positive mental attitude, a commitment of time and effort and a complement of outdoor equipment. Teamwork and cooperation are important.

Wilderness Trekking School, Backpacking School or equivalent are pre-requisites as basic navigation skills and hiking preparedness are needed for this course.

The course does not teach technical or roped climbing techniques, glacier travel and rescue, nor use of crampons. Those who want technical and roped climbing instruction should enroll in the CMC Basic Mountaineering School, High Altitude Mountaineering School or Technical Rock Climbing School.



## CMC Member

Vernon E. Bass, CFP

Cambridge Investment Research, Inc.

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60 Second Financial Checklist

Read each item and place a check in the Yes or No column

Factors Impacting Financial Security in Retirement	Yes	No
1. Do I / We have a written financial plan?		
2. Have I / We reviewed our financial plan in the past 5 years?		
3. Are my / our goals in line with my financial resources?		
4. Have I / We saved enough to support retirement for a lifetime?		
5. Do I / We know what types of investments are needed to diversify my portfolio?		
6. Have I / We decided when to begin receiving Social Security?		

If you answered YES to all questions, then CONGRATULATIONS!

If NOT – Now may be the time for a second opinion, a time to meet with a seasoned and experienced investment professional.

\*Give me a call for a COMPLIMENTARY MEETING!\*

## ACTIVE LEADER PROGRAM

In the past to be considered an Active Leader DG Leader leading a single trip in a three year period was required.

DG Safety & Leadership Committee (DS&L) has discussed whether or not leading one trip in a three year period allows our leaders to be knowledgeable and aware of safe practices and policies. As a result of these discussions, DS&L has changed the definition of an Active Leader to a certified leader in good standing who leads an official trip/activity scheduled in the CMC Activity Schedule each calendar year.

We have over 400 leaders on our current Leader List although in 2011/2012 less than half of these led a trip and many have not led a trip in 3 years or more.

One of the results expected from the definition change of an Active Leader is those who wish to retain an Active Leader status will lead at least one trip in 2013. **Leaders will have until July 1, 2013 to lead one trip registered in the CMC Activity Schedule to be classified as an Active Leader. School Instructors who are certified leaders but only lead within particular schools need to participate in one school associated field trip to retain Active Leader Status.**

This should result in more trips being led in 2013 which should partially offset the loss of 14er Challenge & Centennial

Peak Climb trips in 2012, although the trip classifications are not expected to be comparable.

### INACTIVE LEADER STATUS

Any leader not leading a DG trip by July 1, 2013 and not electing Emeritus Leader Status will be classified as an INACTIVE LEADER.

If a leader has been injured or ill in the 12 prior months and is unable to complete a trip by July 1, 2013 the leader may request a waiver from DS&L to be moved from INACTIVE LEADER status to ACTIVE LEADER status by leading a DG trip listed in the CMC Activity Schedule.

If a leader has been on INACTIVE LEADER status for more than 12 months but less than 24 months and wishes to return to ACTIVE LEADER status, the leader may request to lead a DG trip with a co-leader who is a member of DS&L or a leader who has a trip classification equal to or greater than that of the Inactive Leader and has been identified by DS&L.

If a leader has been on INACTIVE LEADER status for more than 24 months but less than 36 months and wishes to return to ACTIVE LEADER status, the leader will be requested to read the on-line Leader Manual and respond satisfactorily to an on-line DG Trip Leader School Quiz, as well as leading one trip with a co-leader who is a member of DS&L or a leader who has a trip classification equal to or greater than that of the Inactive Leader and has

been identified by DS&L. It is recommended the leader attend WFA School.

If a leader has been on INACTIVE LEADER status for more than 36 months and wishes to return to ACTIVE LEADER status, the leader will be requested to complete DG Trip Leader School, complete two LIT trips and complete WFA School.

### LEADER EMERITUS PROGRAM

For those leaders who are included in the current Leader List but do not wish to lead in the future, we have initiated a Leader Emeritus Program which allows an existing leader to opt out of Active Leader status and not be subject to the requirements/recommendations for skills updates e.g., WFA re certification, etc.

Those who elect Leader Emeritus status will retain all leader discounts offered at local retailers, remain entitled to a complimentary drink at the Annual Dinner and have Leader Emeritus status indicated on their CMC Membership Card.

### A CULTURE OF SAFETY

The DS&L committee believes these changes in the Active Leader definition will result in more knowledgeable leaders exhibiting a greater level of skill, safety and awareness while leading our members in their pursuits of outdoor recreation.

## Welcome Denver Group CMC



**FULL  
STEAM  
AHEAD  
COFFEE CO.**

18561 US Hwy 40 W. Golden, CO 80401

Across the street from the Woolly Mammoth -

Ride Share Lots at I-70 Exit 259

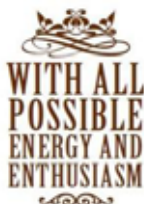
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### MARCH 'SECRET WORD' SPECIAL

Denver Group CMC Members  
receive 25% off any Beverages with  
the Secret Word: "**Gracie**"



## CALL FOR WILDERNESS TREKKING SCHOOL INSTRUCTORS

The WTS Committee (WTSC) is looking for instructors for the Spring 2013 session that begins on Tuesday, April 2. We encourage previous WTS instructors and WTS graduates to volunteer. Senior instructors must be approved CMC trip leaders. All instructors must be willing to accommodate all paces and skill levels from beginner to advanced. They must love the mountains and be eager and able to teach students the skills for safe backcountry travel. For more information, including application, additional requirements, and course schedule, go to <http://www.hikingdenver.net/schools/wts>. WTSC gives preference to applicants who are available for all lectures and field days. Applications are due by Tuesday, February 26. Send your application to one of the following WTS committee members: Senior Instructors – Dave Callais, [dctstrider@comcast.net](mailto:dctstrider@comcast.net), Returning Associates – Ken Gurvin, [gurv1@msn.com](mailto:gurv1@msn.com) and Assistant Instructors (New Assistants) – Sarah Thompson, [sethoms@comcast.net](mailto:sethoms@comcast.net) Thank you in advance for your interest and participation!



Wilderness Trekking School

# ADVENTURE TRAVEL

For your benefit and enjoyment, the following trips have been reviewed and approved by the Adventure Travel Committee and are officially sanctioned by the Colorado Mountain Club. For expanded information about these and other CMC Adventure Travel trips, go to [www.cmc.org](http://www.cmc.org) and click on PROGRAMS, ADVENTURE TRAVEL.

## Trek Bolivia!

Steve Bonowski at [climbersteveb@gmail.com](mailto:climbersteveb@gmail.com)

June 9-21, 2013

Fee: \$1,880 + air fare (5-7 persons) or \$1,780 + air fare (8-11 persons)

Trip packet available from Steve Bonowski; no phone calls please; on-line trip description lists fee inclusions and exclusions

Prerequisite: Excellent physical condition for daily hiking at 12,000 feet with several passes at 16,000 feet; sleep at 15,000 feet

Bolivia is a largely undiscovered South American country offering spectacular hiking & climbing, friendly people, and low prices. With this trip, we'll acclimatize several days on the shore of beautiful Lake Titicaca at the small resort town of Copacabana, including one day to hike on the Island of the Sun. The tour includes trekking 7 days in the Cordillera Real northwest from La Paz, dropping down to 4,900' on the east side of the Andes before we return to La Paz. The tour ends with a bus tour to the pre-Inca ruins at Tiwanaku, west of La Paz.

## Appalachian Trail Slackpack

Roan Highlands, Tennessee

Chris Dohmen, [cattanooga@gmail.com](mailto:cattanooga@gmail.com) who lived and hiked in East Tennessee for a dozen years; knows the area, its culture, history, flora & fauna  
June 16 - 23, 2013; Limit: 8

Fee: \$825 not including travel between Denver & Charlotte

The Appalachian Trail through the Roan Highlands is so spectacular, Backpacker Magazine featured it among "The Top 36 Hikes on America's Classic Trails" in 2008; National Geographic Magazine listed it as one of the "50 Best American Adventures" in 2009; and Andrew Skurka considers it one of his top ten hikes.

Join us on the best part of the AT! Enjoy spectacular views and wildflowers.

Hike the longest stretch of grassy "balds" in the entire Appalachian range. See the largest natural rhododendron garden in the world in full bloom.

- Stay at a hiker hostel for the entire trip
- Daily trailhead shuttles
- Day hike 65 miles in 5 days
- One sightseeing day

Our hostel is a rustic, open-design cabin with four single beds in a loft, a king and a queen downstairs and two full bathrooms. Breakfast and sack lunches are provided daily and we cook our own dinners.

## Wind Rivers Wyoming Llama Trek

Carol Kurt PO Box 7977 Aspen, CO 81612

Phone and E-mail: 970-925-6648 H

970-948-6412 C, [kurtskarma@aol.com](mailto:kurtskarma@aol.com)

August 5-9, 2013

Cost per person: \$1644.50

Payment schedule: With acceptance of application \$625; balance due May 5, 2013 \$1019.50 (see AT web page for inclusions and exclusions)

Prerequisites: Physically fit to hike at elevations between 9,000 and 11,000 ft; B classification level

Wind River Range-Shoshone National Forest-Popo Agie Wilderness (southern Deep Creek area loop) 32 miles total, exclusive of elective day hikes.

This trip will be a classic Wind River Range Trip. Glacier Cirques, many lakes, high alpine, with plentiful trout fishing. Typical wildlife seen are moose, deer, and elk. We will move camps each day except for one layover day. Participants will carry day packs and the llamas will carry all of the camp gear. The guides will do all of the cooking.

Starting at Worthen Meadow Reservoir TH, 8800ft, we drop down to the Middle Fork of the Popo Agie River and follow the Middle Fork Trail to Bill's Park, an open meandering high alpine meadow just below tree-line (10 miles). Day 2: Hike to Ice Lake and Deep Creek Lakes area, just below Wind River Peak with an elevation gain of about 1000 ft with camp at 10,600 ft. Then lay-over here for 2 nights; out of this camp we will travel on various day hikes for differing hiker abilities. Range. Day 4: Short hike of 5 miles down and back up a few hundred feet to Pinto Park, a spectacular high alpine park with the Cirque of the Towers in full view 7 miles in the backdrop. Day 5: Continue the loop and descend to the Pinto Park Trail merging with the Middle Fork Trail on the Popo Agie River and back to Worthen Meadow Reservoir, approximately 11 miles.

## Boundary Waters Canoe Area Wilderness Trip

August 27- September 2

Vern Bass [4efs@eazy.net](mailto:4efs@eazy.net) or 303-902-2905

for trip application

Fee: \$620 (see AT web page for inclusions and exclusions)

Limit: 9 with maximum of 4 per canoe

Prerequisite: Average physical conditioning; participation in two canoe practice sessions and attendance at one orientation meeting

Two days of travel and a five day, 33 mile canoe trip with-in the Boundary Waters Canoe Area Wilderness of the Superior National Forest of Northern Minnesota and the Quetico Provincial Park of Ontario, Canada. The canoeing portion of the trip will begin and end North of Ely, Minnesota at Mudro Lake. Travel over 10 lakes, several rivers and 12 portages [maybe more depending on water levels] over a period of 5 days. The middle third of the trip will be on the waters that are the border between the U.S. and Canada. This area is part of the original

'Voyageur's Route' - that were well-established canoe fur trade routes which ships and larger boats could not reach or travel.

## British Columbia Coast Mountain Getaway

September 8 - 14th

Janet Farrar, 303-933-3066 [wildjc@juno.com](mailto:wildjc@juno.com)

Fee \$3,200 (see AT website for exclusions & inclusions)

Prerequisites: Physical Capabilities of B & C Hikes with backpack hut-to-hut for 2 days, includes some off trail and uneven surfaces

Discover the natural paradise of British Columbia's Cariboo Chilcotin Coast region with passionate, personable, professional guides, including: alpine hiking and canoeing; flight from Nimpo Lk to camp; scenic float plane flight over Monarch Ice Field (voted one of the world's 5 best scenic flights); Grizzly Bear River tour to see bears feeding on spawning salmon; alpine flowers, crystal blue glacial lakes and waterfalls; 10,000 year old petroglyphs; remote and dramatic Bella Coola Valley; flight from Bella Coola back to Vancouver. This is a scenic feast you can't find anywhere else!

## Best of the Grand Canyon - Colorado River Raft & Hike 2014

April 26 - May 8, 2014

Blake Clark and Rosemary Burbank, [blakerosemary@cs.com](mailto:blakerosemary@cs.com), 303-871-0379

SIGNUP DEADLINE IS APPROACHING

-- REGISTRATION CLOSES MAY 15, 2013.

Openings are available.

This trip fills 1 year in advance. Come join us for our 7th year in the Grand Canyon. Hiking trip via motorized raft for 188 miles from Lee's Ferry to Whitmore Wash. Extensive hiking opportunities for B and C level hikers. Return to put-in via helicopter and airplane. The incredible Grand Canyon experience! See Adventure Travel web site for details.

**"The adventure of life is to learn. The purpose of life is to grow. The nature of life is to change. The challenge of life is to overcome. The essence of life is to care. The opportunity of life is to serve. The secret of life is to dare. The spice of life is to befriend. The beauty of life is to give."**

- William Arthur Ward

NOTE: *Due to the number of AT trips, pricing details have been eliminated from the descriptions above but are included in the full trip descriptions on the website.*

# MARCH SOCIAL ACTIVITIES CALENDAR

In 2013 Any Member Can, recruit new CMC members. Your social activities are a good venue for introducing adult family and friends to CMC. Your social activities steering committee, including Patricia Leslie and Fred Siersma, invite you to host an activity of your choice in 2013. Potluck gatherings are popular and a great way to bring members together and recruit new ones. Hosting a TGIF, TGIT, or TGIW is as easy as making a reservation at your favorite neighborhood café. And we welcome new ideas. Call us, Patricia 720-296-9422 or e-mail pleslie.leslie@gmail.com or Fred at (303) 751-6639 or e-mail FredSiersma@aol.com. Unless listed in the CMC Activity Schedule on line, these social activities are not considered "official CMC activities".

*Readers please note, Your Social Activities hosts Siersma, Riter, Leslie, and others were sidelined this winter by the cold, flu, and other maladies (not of their doing). As a result we have a short March schedule, and suggest it presents an opportunity for others to "step up to the plate" and volunteer to host events.*

## Friday 1 – Banff Mountain Film Festival Benefiting CMC.

Purchase \$15 tickets from CMC online or at Denver's Paramount Theater, 7 p.m. The 2012/2013 Banff Mountain Film Festival World Tour brings films from the 37th annual



Banff Mountain Film Festival to about 400 communities around the world. From an exploration of remote landscapes and mountain cultures to adrenaline-fueled action sports, films in this year's world tour are sure to captivate and amaze the explorer within you.

**Friday 1 – TGIF My Brother's Bar** 15 & Platte at 6 p.m. before attending the 7p.m. Banff Mountain Film Festival at the Paramount that benefits CMC. P. Leslie.

**Sunday 3 – Fitness Series on the Highline Canal Trail** (south Denver section). 1 p.m. Depending on the weather CMC leaders will select a dry section of the trail for a brisk walk along this beautiful Denver metro trail, extending from Waterton Canyon to northeast Denver. Walking distance not more than 3 miles but good preparation for summer hiking. Call Leslie (contact information at top of page).

**Sunday 10 – Fitness Series** same plan as above. Summer hiking preparation.

**Friday 15 - A Feel Good Friday at Chad's** 275 Union Blvd. in Lakewood, around 5:30- 7:00 p.m. Drop by to enjoy a beverage and/or dinner. New members are always especially welcome along with adult family and friends. If you are having a birthday, new member or not, we will help you celebrate. Dick Dieckman (303) 980-0573.

## Wed 20 – First Day of Spring.

Get your RMNP pass and be ready for summer hiking in RMNP. Photographer Janice Bennet (DG Photography Section) and Scott Houchin drove to Rocky Mountain National Park on January 31, their birthdays, to buy their park passes. They first met on a summer 2012 DG social activity and discovered they had been born on the same day, same year.



**Saturday 23 – Spring Break in Breck/Nordic Center/ Live Music at Peak 8.** At MHM press time three CMC leaders are planning spring break cross-country and snowshoe trips at the Breckenridge Nordic Center between Saturday 23 and Saturday 30. Besides the best snow for the end of the season there will be Breck "spring fever reliever" celebrations including FREE LIVE MUSIC every week-end afternoon at the base of Peak 8 which is just up Ski Hill Road from the Breck Nordic Center. Check CMC's online schedule and/or call Scott (303) 601-4457.

**Saturday 30 – Spring Fitness Series.** Same as above on March 3 and 10th.

**Saturday 23 - Dinner at Le Central,** 5:00 p.m. This French restaurant at 112 E. 8th Ave. is one of the best deals in town. Those interested will carpool afterward to the Symphony (see below). Come to one or both events. For directions and reservation (required), call Bob Shedd, 303-733-2815.

**Saturday 23 - Colorado Symphony,** 7:30 p.m. "The Sorcerer's Apprentice," "La Mer" and more. Enjoy the concert with a group of CMC members and guests. Discount ticket price \$28. To sign up or cancel, call the host by 11:00 a.m. on the day of the concert. Bob Shedd, 303-733-2815.

# DENVER GROUP SECTION MEETING DATES

## THE DENVER CONSERVATION COMMITTEE

March 7

at 6:30 PM AMC, Golden  
Claude Neumann claudeneumann@earthlink.net or 720 865-2813

Topics include an update on the latest conservation issues, planning up-coming conservation trips and activities, and discussing our Rampart East Wildlands project and campaign. We welcome members and guests to talk about conservation issues.

## PHOTOGRAPHY SECTION

March 13

Monthly Meetings: 2nd Wednesday 7:00pm  
Contact: Frank Burzynski, fburzynski@comcast.net  
Location: Lower Level Conference Rm, AMC

## GORP (Great Outdoors Reading Program) March 14

Monthly Meetings: 2nd Thursday 7-9:00pm  
Contact: Stan Moore, stan338@comcast.net  
Location: Drumwright Room, AMC, Golden  
March: *Walking the Gobi*, Helen Thayer  
April: *Buried in the Sky*, Peter Zuckerman  
May: *The Secret Knowledge of Water*, Craig Childs

## FLY FISHING SECTION

March 21 – Fly Fishing Presentation & Meeting @ 7:00 PM @ the CMC in Golden  
Reid Baker of Freestone Outfitters, slide presentation on fly fishing on the Yampa River and the surrounding area. A Round Table Discussion on fishing with Tenkara rods will follow the main presentation.

This is open to the general public, so bring all your fishing buddies. To reserve your free seat, log on as a member to [www.cmc.org](http://www.cmc.org), click on PROGRAMS tab, then SPECIAL SECTIONS.

(The Fly Fishing Section offers schools, monthly programs, seminars, on river clinics, and service projects. Fishing trips include hikes, backpacking, car camping and drive to day destinations. Contact Herb Grotheer at h923g@earthlink.net to receive FF Section emails with the latest FF news, trips, fishing reports, and monthly programs. To learn more about FF, go to the Section web page at [www.cmcflyfish.org](http://www.cmcflyfish.org) or go to Denver Group Web page at [www.hikingdenver.net](http://www.hikingdenver.net). To see newly posted trips and FF activities, select, Fly Fishing in the search box at [www.cmc.org](http://www.cmc.org).)

## The Mile High Mountaineer

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