

Mile High Mountaineer

The newsletter of the Denver Group of the Colorado Mountain Club
Volume 43, No. 2



February 2011 • www.hikingdenver.net
www.cmc.org

What I **Love** about the CMC...

February 14th commemorates Valentine's Day which has quite a varied history of how the date for exchanging messages of affection came to be. Various accounts range from association with a Roman priest martyred for refusing to give up Christianity to honoring the Roman Goddess of women and marriage, Juno. Whatever the history, some of your fellow Denver Group members (identified by first name, Leader status and the year they joined CMC) express their feelings by answering "What I Love About CMC".

"CMC's adventuresome climbing trips, both in state and out of state, and out of the country, and the opportunities for leadership roles at many levels, from trip leader to school instructor to CMC politics."
Bob, Leader, Member 1987

"Because I can learn from the experience of others"
Bill, Leader, Member 2003



CMC pushes my endurance – it feels so good!"
Sally, Member 1994

"We educate people of all ages about responsible recreation and conservation through many different channels – trips, books, classes, events, and even an historical museum."
Katie, Staff, Member 2008



"CMC offers a wide range of mountain activities, schools and training to people at all levels of skills and abilities".
Mark, Leader, Member 2004

"CMC has brought balance back to my life; scheduling a hike or snowshoe is exactly what I need to get me away from my desk".
Jennifer, Member 2010



"What I Love About CMC is that in 1995 I was leading a trip and met my future husband who was a participant; we are celebrating our 11th anniversary in January and still enjoy many trips w/CMC".
Janet, Leader, Member 1981

"I love the mountains, learning about natural history and CMC training, but most of all, our fellow-lovers of the mountains."
John, Leader, Member 2008



"CMC has been an avenue to go new places, experience magnificent beauty, and enjoy the company of some awesome people".
Carol, Member 2010



Trip Signup

To register for CMC trips online, go to www.cmc.org, sign in as a member, and click on TRIP SIGNUP. Search by whatever criteria you like; fewer criteria work better. Call the office at 303-279-3080 x 2 if you need your password or any assistance. We will also be happy to sign you up for trips if you don't have computer access.

Calendar of Events

For more information about schools, speakers, volunteer opportunities, and special events, go to our web site and click on PROGRAMS. To see member-only schools and seminars, you must first sign in as a member.

Date	Time	Event
1-Feb	6:30 PM	Winter Camping School
2-Feb	6:00 PM	HAMS School
7-Feb	6:30 PM	Fly Tying School
7-Feb	6:30 PM	Adventure Travel Committee
10-Feb	5:30 PM	Top Rope Session
15-Feb	6:30 PM	Winter Camping School
15-Feb	6:30 PM	Conservation Committee Meeting
16-Feb	5:30 PM	Top Rope Session
21-Feb	6:00 PM	Safety & Leadership
22-Feb	6:30 PM	Avalanche Awareness School
24-Feb	6:30 PM	Avalanche Awareness School
26-Feb	8:00 AM	Advanced Leadership School
3 & 4 Mar	7:00 PM	Banff Mountain Film Festival - Paramount Theater
8-Mar	6:30 PM	Ski Mountaineering School
8-Mar	6:30 PM	Trip Leader School

GET YOUR ADVENTURE ON

CMC Expo featuring climbing competitions, popular hiking & mountaineering schools, youth education programs, conservation and stewardship opportunities.

Featuring Live Music & Free Happy Hour
AMC, Golden March 19, 1pm

Banff Mountain Film Festival March 3 & 4

The Banff Mountain Film Festival World Tour stops in 360 locations worldwide in 2011. See documentary films of inspiring and thought-provoking actions, environmental, and adventure mountain films at the Paramount Theater, Denver, 7pm. Theatre doors open at 6:00pm. Tickets \$15 available on cmc.org website to members (Click on Programs, scroll to March 3 or March 4 and register). Tickets also available from REI Boulder, Denver, Englewood and Lakewood Locations.

All proceeds benefit the Colorado Mountain Club. Any tickets purchased at Paramount Theater incur additional handling charges. A fun night for all!



Statewide Backcountry Incident Review April 23

The first annual statewide Backcountry Incident Review Conference for trip leaders and members who are thinking of becoming a leader is set for April 23 at the American Mountaineering Center (AMC) in Golden.

The day-long conference will feature the leaders of trips who faced difficult challenges – including life-and-death decisions - discussing what happened and how they responded. The conference is designed to respond to the survey responses from trip leaders who indicated they want more information regarding trip incidents experienced by other leaders. The conference will also be an opportunity for trip leaders to get together and discuss their own experiences and compare notes with other leaders.



Chris Barnes of the High Mountain Institute in Leadville will be the keynote speaker. The Institute he founded leads teenagers on semester-long expeditions in the backcountry.

He'll discuss why risk-taking is important and how to manage it.

Trip discussions will include the leader of a trip on a snow-filled couloir on which three participants lost their grip, were unable to self-arrest and careened down the slope. Injuries mounted and a helicopter evacuated two group members. Other trip leaders will discuss what happened when they temporarily "lost" a member of their group and found him several canyons away, and what they did when one of their group participants was seriously injured.

There will also be a first-aid refresher, a presentation by the Chair of the State Safety and Leadership committee and lunch will be served. Seating is limited and early registration is encouraged. online registration is at cmc.org; go to Programs, click on Education and scroll to April 23 date.

The conference is being staged by an ad hoc committee of volunteers chaired by Denver Group CMC member Ryan Ross. Contact Ryan Ross at mttry@aol.com.



LIGHTNING SEMINAR SAVE THE DATE

April 7th
6:30-8:30 PM
Foss Auditorium

Open to all CMC Members and the General Public

Contact: Scott Houchin
sparky9cougar@comcast.net



January Avalanche Grads & Instructor Thank You

The following students completed the January Avalanche Awareness School taught by CAIC Professionals, Spencer Logan, Ben Pritchett & Brad Sawtell and Denver Group Instructors, Tom Creighton, Tim Hill, Brendan Reiss, and Assistant Instructor Dominique Hershberger: Rich Agostino, Jaime Appling, Lee Babcock, Nancy Ballantyne, Nick Browne, David Cassin, Michael Crow, Jon Danieu, Thom Curtis, Jacob Faircloth, Darrell Gubbels, Linda James, Brian Jones, Peter Horneck, Brain LeBlanc, Warren May, Jay Megard, Tracie Mucha, Mark Miller, Wendy Phillips, Angela Parris-Raney, Dale Ritschard, Aaron Sallade, Henry Tiberi, Sarah Thompson, and Linda Ziccardi.



A special thank you to Denver Group Instructors, Tim, Brendan, Tom and Dominique for their volunteer time for the weekend session and a High Five to all Denver Group Avalanche Instructors who participated in the Instructor Training Day in December, and to Vern Bass for assisting with registration.

Navigation School Graduates & Thank You

The following members completed the pilot Navigation School taught by Navigation Director, Bob Hatter. The one-day school included a review of map and compass and a focus on Garmin GPS basics. Members completing the course included: Buck Marsters, Charles DuScha, John Fleming, Karen Hurley, Roger Leikas, Warren May, Jim Petersen, Martha Tullis, Sandra Jean Robinson, Steve Sprowles and Paul Welschinger.

A big shout out Thank You to Bob and his business partner, Suzanne Lawrence, for developing and presenting the course and to hands on assistants, Alan Chudnow, Deb Robak and Linda Lawson.



The **Denver Conservation Committee** will have its next meeting at the club on Tuesday February 15 at 6:30 pm. All members and guests are welcome. We encourage you to become familiar with, or offer your input on, important conservation issues. For information, call Claude Neumann at 720-524-1645, e-mail at claudeneumann@earthlink.net.



Valentines Day February 14

In addition to taking your Honey on a trip to Heart Lake, how about giving a copy of The Best Denver Hikes pack guide? Thirty hikes experienced, written and photographed by Denver Group members. CMC Member discount price: \$12.76. Order from the website or call Membership Services 303/279-3080.



Mt. Princeton 2011

Contact: Gertrud Nuhn (719) 473-8868 or
Becky Zenthofer (719) 633-1367 Date: February 18-20



Join Denver/Pikes Peak Groups annual ski, snowshoe, hike, swim and party event at Mt. Princeton Hot Springs Resort in Nathrop, CO. Prices are still being negotiated, but they should be similar to 2010, about \$200 double, \$280 single occupancy for two nights lodging, Friday and Saturday nights' dinner and Saturday and Sunday breakfast, as well as Friday welcome drinks and a Saturday wine/beer and pretzel party. On both Saturday and Sunday, there will be trips scheduled for varying abilities and means of transportation.

Jeffco Medley



The "Jeffco Medley" series of hikes will continue in February. Each week a different Jeffco Open Space will be explored progressing alphabetically through Jeffco's 24 parks. Tuesdays' hikes will be repeated on Saturdays. Hikes will be posted as Easy B but a specific trail will not be selected until two days before the hike, depending on weather and trail conditions. Pre-hike emails will be sent to all hikers giving details, including the specific trail, mileage, elevation gain and whether snowshoes may be needed. This series will be ideal for those who want to use winter trips to help stay in shape while avoiding avalanche terrain. Leader: John Walters

Colorado Wilderness Kids

The Colorado Wilderness Kids is an active group of CMC doing family oriented outings including hikes, camp trips, winter activities, etc. Kids are primarily ages 3 to 13. We would like to involve more members in our group as leaders and board members, or just to help out with activities. With a fairly limited time commitment, family members can



enjoy outdoor fun with other families. If you are a parent or simply enjoy working with kids, we would like you to join us. We will soon be planning our spring and summer activity schedule. For more information contact Claude Neumann, claudeneumann@earthlink.net or 720-524-1645.

Denver Group Schools

For more information and to register for Denver Group Schools, go to www.cmc.org, log in as a member, and go to PROGRAMS, EDUCATION. Members of other CMC Groups are welcome to attend these schools for a \$10 surcharge.

Denver Group Standard Refund Policy: "Student/Participant requests for refunds of tuition/fees must be requested in writing to the appropriate school or event director. Requests made prior to 30 days before the beginning of the school/event will be processed less a \$10 handling fee. Requests made within 30 days of the school/event will be refunded at 50% of the amount paid. No refunds will be made after the beginning of the school/event. However, a refund less \$10 can be obtained if a person is found to take the original student's place in a school."

Winter Camping School

Contact Chuck Barnes at 303-841-0386 (leave message) or chuckbarnes@hikingdenver.net

Lecture Dates: January 25, February 1 & 15; Time 6:40 - 9:00pm;

Field Dates: January 29, February 5, 19-20, March 5-6

Tuition: \$54 for Denver Group members/\$64 non Denver Group.

This is a school for those who want to enjoy camping, while being comfortable in the mountains during winter conditions. Learn how to stay warm, not how to tolerate cold. You will have fun and learn skills that will open a fourth season for your camping and/or back-country enjoyment. This basic winter camping training program concentrates on equipment and techniques that are necessary for you to keep warm while camping overnight, but it also covers traveling, cooking, campsite preparation and other topics related to exposure in winter conditions. Camping conditions can vary from delightful to arctic dreadful during this class.

Field dates will include an equipment packing and cooking test trip, a concentration on snow shelter construction instruction and practice. Overnight trips are planned along the Front Range with one location to be near tree line. All outings will require the students to have snowshoes. There are no pre-requisites for this school.

Registration is now open and it ends January 24th. There is no tuition refund after the first lecture. You may sign up 3 ways:

1. On-line, go to www.cmc.org, sign in as a member, and go to "Education", then "Adult Education then select PROGRAMS", then go down to "Winter Camping School".
2. Send a check to CMC headquarters; make it payable to CMC and specify that it is for Winter Camping School.
3. Call Membership Services 303/279-3080 Ext 2 & use your credit card.

Avalanche Awareness School

Contact Linda Lawson lk114er@comcast.net

Both the January and February enrollments are at capacity, however, if there are 25 interested members we may be able to schedule a March session. Please call Membership Services at 303/279-3080 X2 and ask your name be placed on the list of those interested, please leave a contact phone number. A decision will be made by February 15th; those on the list will be notified by phone if March session will be held, and dates offered if it is scheduled.

Reminder for BMS Application Deadline- February 25th, 2011

Contact: BMS Director Deb Kirk at BMSdirector2010@gmail.com

This is a reminder to all members who are planning to apply to the 2011 Basic Mountaineering School (BMS). The application deadline is Friday, February 25th, 2011. All applicants must have attended one of the two orientation meetings held on January 10 or January 18, 2011.

Successful graduation of Denver BMS (or its equivalent) is required for a Denver Group D hiking classification, High Altitude Mountaineering School (HAMS) and satisfies some of the requirements for admission to Trad Lead Climbing School (TLCS). The 2011 schedule is currently posted at <http://www.hikingdenver.net/schools/bms/bms-2010-schedule>.

To receive an Application link, register for CMC Trip #13262 (which requires a C hiker classification). BMS application forms are due Friday, February 25, 2011. Standard Denver Group policy for tuition refund applies.

Enrollment numbers in BMS will be determined by the number of qualified instructors available while maintaining a low student/instructor ratio (2:1). If more people apply than can be accommodated priority will be based on the evaluation of applicant's completion of pre-requisites, orientation attendance, responses on his/her application and volunteer service to the club.

If you are not committed to attending all of the lectures and field trips, please consider applying when you can make the full commitment. This will allow room in the school for those who are able to complete the course.

Advanced Leader Training

Lecture Saturday, February 26, 9 AM - 4 PM, at the CMC clubroom in Golden. Three weekend field days in March, April, and May

Tuition for the class, not including the Bolivia trip, is \$55. Includes the class textbook, other materials, and lunch on February 26. Class size is limited to 20 students. Steve Bonowski climbersteveb@gmail.com

Hey trip leaders. Have you wondered what it takes to lead an Adventure Travel trip for the CMC, especially a trip that goes out of the country? Would you like to learn how to lead a trek in New Zealand or a peak climb in South America or a U.S. national park backpack? Well, now you can find out by taking the Advanced Leader Training Seminar beginning on February 26, 2011. This class is sponsored by the state Adventure Travel Committee; with input from the CMC Education Department and the high altitude mountaineering programs of the Boulder, Denver, Fort Collins, and Pikes Peak Groups.

Prerequisites for the course are as follows:

- 1) must be a trip leader who has led at least 5 CMC trips in the past three years; or be waived by the seminar directors, Dave Pellegrini & Steve Bonowski
- 2) must be in good physical condition
- 3) need to have a current first aid card, or obtain prior to end of the class in June
- 4) must be willing, to the extent possible, to lead at least one adventure travel trip in the two years following the class
- 5) approval by the seminar directors
- 6) since this is a State CMC course, a Denver Group hiker rating is NOT required.

The class will teach such topics as trip planning, how to screen prospective participants, budgeting, dealing with outfitters, handling group dynamics issues that can arise in a 2-3 week trip, and many other issues.

The weekend field days are for interaction with the instructors as they plan the optional graduation trip to Bolivia in early June, 2011. Students will serve in apprentice roles to observe the planning for the Bolivia outing. More information about the field days will be provided on February 26, including anticipated cost for the Bolivia trip.

In order to apply for the class, visit www.cmc.org/advancedleader to download the class application. Complete the application and return via e-mail to both climbersteveb@gmail.com and david7324@mac.com. Application deadline is February 10, 2011.

Ski Mountaineering School Spring 2011

Lecture Dates: Tuesdays, March 8, 15, 22 7 p.m.,

Field Dates: Saturdays, March 19, April 2, 16, and 30; Friday through Sunday, May 13-15

Contact Michelle at jungmm@hotmail.com or check <http://www.hikingdenver.net/schools/skimountaineeringschool>

Ski mountaineering has been called backcountry skiing, that from time to time, requires mountaineering skills and judgment. It includes climbing peaks with the help of skis, ski traverses that take you into the mountains, and skiing slopes above and below treeline. This CMC course is intended for members who wish to improve their knowledge, skills, and safety while climbing and skiing on untracked slopes in mountaineering terrain. The school includes evening lectures, several 1-day field trips, and one multi-day overnight ski tour. The format of the course includes a series of lectures and field sessions that cover gear, travel techniques with backcountry gear, self-arrest techniques, emergency shelters, avalanche assessment (analysis, risk minimization, rescue), route finding, navigation, general winter mountaineering techniques, weather, group leadership, trip planning, and accident management.

Denver Group Trip Leader School

Lectures: March 8. Denver Group Members \$10 and \$20 for members of other Groups.

Contact Martha Mustard at 303-547-8891 or mustardo3@comcast.net.

Completion of the Trip Leader School is the first step in becoming a Denver Group trip leader. It is open to all members in good standing over 18 years of age, regardless of hiker or skier classification. Requirements are: CMC membership current paid status and three CMC trips completed. At least two must be hiking, backcountry ski, or snowshoe trips. Topics include group dynamics and leadership styles, leader responsibilities, liability issues, medical concerns, environmental concerns, planning a trip, screening potential trip participants, organizing the group, and carrying out a safe trip. There is a new format to the school; there will be only one evening of on-site class. Reading materials will be e-mailed to the enrollees ahead of time and the students must read both the material sent and the CMC Trip Leader manual and, before the class, pass a written test. The evening class will consist of a Q&A period followed by scenarios to be discussed in small groups. Interested members should register on-line through the CMC website under Programs, Education or through the CMC Office. Please register for only one of the classes. Remember, there is now only one evening class per session. Please note that the Technical Climbing Section has its own Trip Leader School and application. Leader's manuals are available on the CMC website at http://cmc.org/members/docs/Trip%20leader%20manual%202010_sept14_2010.pdf.

Wilderness First Aid 2011 Schedule

Jeanette Keboe at j-keboe@comcast.net or CMC Membership Services

2011 Dates: March 9, 16, 22 & 27; May 5, 11, 19 & 21; August 1, 8, 15, 21; October 3, 10, 17 & 22

All evening classes 6:30-9:30pm; Weekend classes 8am-3pm

\$75 CMC Denver Group Members; Non Denver Group Members \$85; Trip Leaders \$35

The Denver Group offers a comprehensive and nationally recognized Wilderness First Aid (WFA) program throughout 2011. The course follows a standardized program through the Emergency Care & Safety Institute and consists of 10 hours of lecture, 6 hours of practical experience, and both written and practical exams. Topics include patient assessment, environmental emergencies, trauma, splinting, medical emergencies, altitude illness and insect and animal bites. A comprehensive textbook is included in the fee. The course is given over 3 weekday nights and 1 weekend day. All classes held at AMC in Golden. A Wilderness First Aid card is issued upon completion. The course is open to all CMC members regardless of experience. Those with experience are encouraged to use this comprehensive course as a refresher and practice skills we rarely need but are critical to know when we do need them. Register on-line.

Wilderness Trekking School (WTS)

Hiking in Colorado's mountains is fabulous, low-cost recreation! Wilderness Trekking School (WTS) is for those looking for adventure – AND – for those who just want to enjoy the scenery. WTS is a great introduction to the Colorado Mountain Club and a place to meet new friends. WTS is Colorado Mountain Club's largest school, a comprehensive course on mountain hiking. Students are all ages, from 18 to 80. If you're new to hiking, WTS gives you the opportunity to learn how to travel safely – and with confidence – in the backcountry. If you're an experienced hiker, WTS gives you a chance to review, to enhance your skills, and possibly to fill in some gaps. WTS also fulfills one of the requirements to obtain a Denver Group C hiker classification and to attend Basic Mountaineering School.

Topics covered include:

- Essential gear, helping you decide what you need to buy and carry
- Off-trail travel techniques, from boulders and talus to tundra
- Map & compass skills, figuring out where you are, navigation and route-finding
- Weather, how to anticipate and handle wind, rain, lightning, and snow
- Nutrition, helping you choose what food to carry
- Overnight survival techniques and how to handle a backcountry emergency
- Snow travel and avalanche awareness, handling unexpected snow on the trail
- Leave No Trace practices



Students have the opportunity to learn techniques of safe backcountry travel and to practice in a non-competitive, non-confrontational setting. Students plan and complete a graduation hike with their field group. WTS is a great place to learn and practice new skills, make new friends, and become a safe backcountry traveler. The course consists of five Tuesday night lectures, four field days, and a graduation hike. Students are divided into groups of 10-12 people, based on hiking pace, conditioning, and prior experience. Instructor teams consist of a senior instructor and two assistant instructors. Spring 2011 classes will be on Tuesdays, April 5 and 12, May 10, 17, and 24. Field days are on your choice of Thursdays or weekends April 14, 16 or 17; April 28, 30, or May 1; May 12, 14, or 15; May 19, 21, or 22; and grad hike on June 2, 4, or 5. Make-up arrangements are available for a missed class and may be available for a missed field day, depending upon instructor resources. The Spring 2011 session starts Tuesday, April 5th at 6:30 pm in the American Mountaineering Center in Golden. Tuition is \$90 for Denver group members, \$100 for other CMC group members. For more details and an application, go to <http://www.hikingdenver.net/schools/wts> or call the CMC office at 303-279-3080 ext. 2.

Schools continued on Page 7

Adventure Travel

For your benefit and enjoyment, the following trips have been reviewed and approved by the Adventure Travel Committee and are officially sanctioned by the Colorado Mountain Club. For expanded information about these and other CMC Adventure Travel trips, go to www.cmc.org and click on PROGRAMS, ADVENTURE TRAVEL.

CMC Mt. Logan trip needs climbers!

The High Altitude Mountaineering Section of the CMC is doing a trip in May 2011 to Mt. Logan, the highest point in Canada and the second highest peak in North America. Apparently the word about this great trip hasn't gotten out everywhere just yet. For more information, qualified climbers are invited to view the trip description on the CMC state web site. On the home page, click on the Adventure Travel icon. Once on the A.T. page, click on Trips and scroll down to the listing for Mt. Logan. Rich McAdams will be most happy to answer any questions about the trip.

Moab Mountain Bike & Hike Adventure

Janet Farrar at wildjc@juno.com or 303-933-3066

May 19-22, 2011, \$275 Before March 1, After March 1 \$300; March 2-April 10 \$300; April 11 –May 10 \$325; after May 10 \$350.

We will base camp near Moab in this new adventure and explore the famous mountain biking and hiking trails in the Moab area, and Arches & Canyonlands National Parks. You will ride (or hike) with groups of various sizes and abilities for four days of adventure in this amazing desert wonderland. You provide your own transportation to and from the rides and hikes which are accessible with any automobile. You also need to bring your own camping gear and bike (if you ride) or rent one in Moab. Carpooling is encouraged. There are rides and hikes suited for beginning to advanced riders of all ages. Not included: Transportation to Moab, bike rental if needed.

Huayhuash Trek – Peru

Marianne Curtis at mcbiker@juno.com

June 12 – 25, 2011, \$1,680

Trek in the rugged and remote Cordillera Huayhuash in northern Peru. This trip starts in Lima with a city tour, then a bus ride north to Huaraz. Then we will drive to Queropalca to start the 7-day trek in the stunning Cordillera Huayhuash. This supported trek will take us high into the Andes, hiking below peaks over 19,000 feet, visiting high lakes and hiking over passes above 14,000 feet. We will hike near Nevado Yerupaja, at 21,560 feet it is the world's second highest tropical mountain. Trip rated C, high elevation and rugged trails. Not included in trip cost is airfare to Lima, travel insurance, some meals, guide tips and personal spending money.

Wind River Llama Trek

Bob Seyse 303/718-2005 or bobseyse@gmail.com

August 15-19, 2011, Cost \$1,324

Hike the remote and rugged Wind River Wyoming range while letting the llamas carry the heavy loads and the outfitters do the cooking and wash the dishes. Trip leaves from Worthen Meadow, a southern access point to the Popo Agie Wilderness of Shoshone National Forest. Starting at 9,000 feet the first day the route follows the Middle Fork of the Popo Agie River through high alpine parks and riparian water sheds. Day 2 finds the route below Wind River Peak and Day 3 allows participants to ascend Wind River Peak, weather permitting. Day Four finds the route in Pinto Park with panoramic views of The Cirque of Towers. Day 5 returns to Worthen Meadow Reservoir; all hikes will be at B level. Price includes tents, sleeping bags & liners, ThermoRest, llamas, guide & wrangler services and meals on the trail. Price does not include travel to Landers, 2 nights motel stay, 2 evening meals, wrangler tips.

Hiking Mountain And Desert: Great Basin National Park

Stan Moore stan338@comcast.net

August 20-27, 2011, \$356, Limit 8

Great Basin National Park is an isolated alpine oasis - 12 and 13,000 foot peaks surrounded by the desert. You can find it in eastern Nevada, located not too far off of Highway 50, "America's Loneliest Highway". The highest peak we will climb is Mt Wheeler (13,063'), the highpoint of the Great Basin and day hike to explore numerous other alpine lakes, valleys, and bag peaks. Mid week we will attempt Notch Peak in western Utah, at 9654' the highest peak for miles with views of Mt Wheeler, Bonneville Salt Flats, and a big sky; it also has one of the largest sheer cliffs in the country at almost 2000 feet.

Sikkim Himalayan Trek

Gyeljen Sherpa at alpineadventure@gmail.com or 720-273-7158

October 15 – November 5, 2011 / 21 Days, \$3,220

Gyeljen Sherpa invites you to join him on a trek through ancient exotic Sikkim. Once its own Kingdom, tiny Sikkim is now a state of India. Sikkim is home to the third highest mountain in the world, Kanchenjunga (8586m/28,169ft), one of the largest mountains in sheer size in the Himalaya. From Delhi we will take a domestic flight to Bagdogra, and then on to the legendary city of Darjeeling, home of His Holiness the Dalai Lama, and the Tibetan government in exile. One day by jeep will bring us to the beginning of our two-week trek. We will be traveling through the Kanchenjunga Biosphere Reserve; walking in rhododendron forests, camping in small villages, visiting Buddhist monasteries and shrines, traversing high alpine passes, and experiencing breathtaking Himalayan vistas. We will camp beside the sacred lake of Lam Pokhari and cross the high pass of Goecha La, 16,207 feet, the highest point on our route. Along the way we will interact with the local people, getting to know their customs and culture, and making new friends. Minimum number of participants 8. Not included in the price: International and domestic airfare, travel insurance, personal spending money, and Indian visa fee: \$73. Indian visas must be obtained before departing the U.S.

Hiking in Alps of Bavaria and Austria

Renata and John Collard 303-617-4773 or Renata.Collard@ucdenver.edu

August 27-September 7, 2012, TBD \$2,700-3,300

The German and Austrian Alps is a scenic region of pristine lakes and creeks, high mountains, green pastures and thundering river gorges. The hilly countryside that's dotted by quaint villages is home of most famous castles in Bavaria where we will start our trip. On the Austro-Bavarian border we will visit Germany's highest peak, Zugspitze. In Austria, we will start by exploring the glacier carved valley of Stubaital close to Innsbruck. From there we will continue to learn more about Tyrol country, while hiking and climbing in the Zillertal area. Finally, we will walk on paths of thousand year history in Salzkammergut. The area with spectacular lakes, close to the town of Salzburg, had in past

famous mines of "white gold" and the historical salt trail started from here. The town of Hallstatt is Unesco World Heritage destination. During the trip, we will stay in comfortable, typically family owned, hotels and explore some breathtaking parts of the world. The cost of trip includes lodging in hotels and pensions, transportation during the trip, breakfast and most of dinners and leader's expenses. The price does not include airfare or travel insurance. The final cost may vary depending on currency exchange. Hikes up to B and C level. Maximum number of participants is 14.

Wait List Trips:

The following trips are full but have wait list availability. Please contact the trip leader for wait list information.

Yellowstone in Winter - Polly Hays 303-964-8225 or polly_hays@yahoo.com

Escalante in Winter - Bob Seyse, 303-718-2005 or bobseyse@gmail.com

Schools continued from Page 5

Call for Wilderness Trekking School Instructors

The Wilderness Trekking School Committee (WTSC) is looking for instructors for the Fall 2010 session that begins on Tuesday, April 5th. We encourage previous WTS instructors and WTS graduates to volunteer. Senior instructors must be qualified CMC trip leaders. All instructors must be willing to accommodate all paces and skill levels from beginner to advanced. They must love the mountains and be eager and able to teach students the skills for safe backcountry travel. For more information, including application, additional requirements, and course schedule, go to <http://www.hikingdenver.net/schools/wts>. WTSC gives preference to applicants who are available for all lectures and field days. Applications are due by Tuesday, March 1st. Send your application to one of the following WTS committee members:

Senior Instructors – Dave Callais, dctstrider@comcast.net, Returning Associates – Ken Gurvin, gurv1@msn.com and New Assistants – Martha Mustard, mustardo3@comcast.net. Thank you in advance for your interest and participation!

Fly Fishing School

Contact: Jorge Dominguez: 720-675-8740 before 9pm or cmc.flyfishing@gmail.com.

Dates: Enrollment deadline 4/1 Lecture Start: Monday 4/4 Field dates: 4/16, 4/23. Fee: \$120/\$130 Includes some basic gear Students supply their own rod, reel, line, waders, boots, and fishing license

This school is designed for beginners and "never-evers." but can be great for those more experienced. Knots, clothing, gear, stream structure, fish behavior and casting is covered in three evening classes and two days of on-stream instruction. The emphasis is on learning the fundamentals that will help you catch trout in the Rockies. Tuition includes some basic equipment, a detailed handbook and 24 flies. Shopping night at Golden River Sports for discounted gear. This is a great way to prepare for the Fly Fishing Section's trips.

CENTENNIAL ANNIVERSARY CENTENNIAL PEAKS

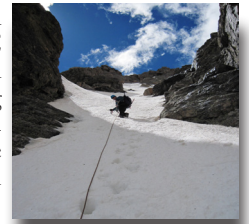
CMC will celebrate its 100-year anniversary in 2012. Many events are being planned to mark this milestone. Among the events planned is a Centennial Peak Climb of the top 100 ranked Colorado peaks. Trip Leaders of each statewide CMC Group may reserve peaks in their own "backyard" to summit during either 2011 or 2012 as part of the official CMC 100th Anniversary. Unreserved peaks will be assigned on a first come basis. A specific date is not required at the time of reservation. Peaks may be climbed at any time of year; ski mountaineer trip leaders are also welcome to reserve peaks as part of the Centennial Peak Climb. Interested Trip Leaders should contact Beth Dwyer at beth.dwyer@comcast.net.



!!! 100 YEARS !!!

CMS Mountaineering Leadership Course

Volunteer leaders are an integral component of Colorado Mountain Club programs. The Alpine Leadership Program offers mountaineering training in recognition of the needs of these invaluable volunteers. The principal objective of the course is to empower CMC volunteers by enhancing their technical and non-technical mountaineering and leadership skill sets. There is an expectation for course participants to give back to the Club by leading climbs and instructing in mountaineering schools. 2010 Participants were: Darin Baker, Greg Glick, Bill Haneghan, Craig Lewis, Diana Moore, and Steve Wittrock. Special thanks go to Black Diamond for their generous support. Another offering of the course for 2011 is in the works. We hope to expand the guided portion to three days to provide more emphasis on the skills that are important for leading groups in mountaineering terrain. A number of scholarships will be available to support participants who have made a commitment to the Club. Application forms for the 2011 course are available from: John Raich, jraich@lamar.colostate.edu.



Thank You, Fall 2010 WTS Instructors and Congratulations, Margaret Turner!

by Joe Griffith, Director

The WTS committee most sincerely thanks the volunteer instructors who so generously gave their time, expertise, and enthusiasm to make WTS such a resounding success. We recognize each of these individuals, both those who taught for the first time and those who return year after year, for their commitment and dedication.

We congratulate Margaret Turner on becoming a WTS Master Instructor. Margaret is a gifted instructor who has contributed to WTS in many ways. She is the first woman to become a Master Instructor, an award that indicates she's taught WTS at least six sessions and been highly rated by students and fellow instructors.

Senior instructors: Norm Arlt, Steve Bonowski, Ken Gurvin, Wayne Johnson, Joe Leahy, Tim Musil, Martha Mustard, Tom Strang, and Doug Werner.

Associate instructors: Alan Chudnow, Tim Hill, Marc Hasfjord, Jen Kuske, Sarah MacDonald, Don McKenzie, Pat McKinley, Todd Poulson, Karen Ratner, Robin Starr, Derek Taylor, Sarah Thompson, and Byron Wicks.

Assistant instructors: Vern Bass, Marc Borai, Bruce Metcalf, Richard Moore, Rich Ostrosky, Donne Puckle, Zack Schiel, and Charles Thabault.

Substitute and make-up instructors: Lana Dolly, Linda Lawson, Anne Martin, and Carol Shansby.

Social Activities Calendar--(all members)

If you are interested in hosting any social activity, such as a potluck dinner at your home, a Friday night gathering at a local restaurant or watering hole, a movie night, a concert or other entertainment, like the Comedy Works, please call Kathy Kane at 303-751-0936 or Patricia Leslie at 720-296-9422 by the first day of the month preceding your event. We are looking for YOUR IDEAS even if you are a brand-new CMC member!! If the event is in your home, you set the time (closing time, too) and number of guests that you wish to host. We are happy to design events "your way".

These Social Activities are not categorized as official CMC outings.

Classical music synopsis:

I have been interested in classical music since I played violin in my high school orchestra. After I graduated, my violin-playing ended, but my involvement with classical music continued into my adult life, mostly via listening to the radio. As I enlarged my repertoire of favorites, I found myself listening to the radio and records/tapes/CD's more frequently. After I joined the CMC and discovered Bob Shedd's concert series, I learned how much more exciting live performances were than recorded music. Now that I am retired, I'm thinking of resuming playing the violin, although I don't think I'll be involved in an orchestra this time! Many people think that it is necessary to have background information about classical music to appreciate it; my philosophy is that enjoying music that creates a positive emotional response is more important than knowledge about composers or classical pieces. Even if you know nothing about this type of music, give one of Bob's CMC concerts a try; you will most likely repeat the experience! Kathy Kane

Nordic Center Snowshoe & Cross-country Ski Trips

Check CMC's online Activity Schedule for the fun Nordic Center snowshoe and cross-country ski trips led by either Scott Houchin or Patricia Leslie. If you are a NEW MEMBER, THIS IS A GREAT INTRODUCTION FOR THESE OUTDOOR SPORTS. Scott and Patricia are familiar with all of Colorado's Nordic Centers from Eldora to Beaver Creek. Frisco and Breckenridge are favorites because they offer everything you could possibly need: a cozy lodge, rentals, lessons, snacks, and a fabulously helpful staff. On these trips you and a buddy can set your own pace on groomed cross-country trails or you can take a lesson to upgrade your skills. Call either Scott at (303) 601-4457 or Patricia at (720) 296-9422 and feel free to ask questions.

Friday 4 - Happy Hour, 5:30-7:30 p.m. at Hanson's, 1301 S. Pearl St. on the corner of South Pearl and Louisiana, conveniently located off I-25 and Washington or Downing Street exits. Your host is Rocky Smith (303) 839-5900.

Sunday 6 - Super Bowl Potluck, hosted by Carol Chamblee. BYOB and bring food to share. Call Carol at (303) 740-9469 for the time of the event and directions.

Friday 11 - Happy Hour, 5:30-7:30 p.m. at The Cheeky Monk, 534 E. Colfax. Your host is Fred Siersma. You can reach him at fredsiersma@aol.com or (303) 751-6639.

Friday 18 - Happy Hour, 5-7 p.m. at Chad's, 275 Union Blvd. in Lakewood. Hosted by Dick Dieckman (303) 980-0573.

Saturday 19 - Polka Dancing, 8:00 p.m. at the Edelweiss Club, located at 6495 Monaco St. in Commerce City. The live band is Rick Borger, playing polka and Latin music. Food is also available. There is a modest cover charge of \$6.00. For further information call Bill Kunzman at (303) 278-3059.

Friday 25 - Happy Hour, 5:30-7:30 p.m. at Little India's, 2390 S. Downing. Your host is John Stedman (303) 733-6781.

Saturday 26 - Dinner at Le Central, 5:00 p.m. This French restaurant at 112 E. 8th Ave. is one of the best deals in town. Those interested will carpool afterward to the Symphony (see below). Come to one or both events. For directions and reservation (required), call Bob Shedd, 303-733-2815.

Saturday 26 - Colorado Symphony, 7:30 p.m. Berlioz's "Symphonie Fantastique" and more. Enjoy the concert with a group of about 10 CMC members and guests. Discount ticket price \$25 if available, otherwise \$38. If you don't join us for the dinner (see listing above), your ticket will be waiting for you at the "Will Call" desk at Boettcher Concert Hall. To sign up or cancel, call the host by 11:00 a.m. on the day of the concert. Bob Shedd, 303-733-2815.

Preview:

Saturday, March 12 - Dinner and Colorado Symphony, Schubert's "Unfinished" and more. Same plan as February 26 events listed above.



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The Mile High Mountaineer

The Mile High Mountaineer (USP 703-680) is published monthly for \$15/ year members and non-members effective with memberships renewed October 1, 2009. Postmaster: send address changes to the Colorado Mountain Club, 710 10th St., #200, Golden, CO 80401. Periodicals Postage paid at Golden, CO and additional mailing offices. Ads for the newsletter are due at the first of the month prior to the edition the ad is to be placed. All ads must be submitted via email to mhm@cmc.org. For an ad rate sheet and questions, please email the editors at mhm@cmc.org. Editor and Proofreading: Linda Lawson; Layout: Dana Dillow. CMC Office: (303) 279-3080; Fax (303) 279-9690. Office Hours: Monday–Thursday 9 A.M.– 6 P.M., Friday 9 A.M.– 3:00 P.M.