

Mile High Mountaineer

The newsletter of the Denver Group of the Colorado Mountain Club



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2014

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www.hikingdenver.net
www.cmc.org

OUR MOUNTAIN LEADERS

RICARDO DUARTE

Discovery, Passion and Dedication to Mastering the Mountains

by John Walters

Ricardo Duarte is one of our most recently certified mountain leaders, but in three years as a CMC member, he has achieved extraordinary accomplishments.

In just two and a half years, Ricardo went from new member to completing High Altitude Mountaineering School and summiting Mt. Rainier. Since then, he completed Trip Leader School and volunteered as an assistant leader for AIARE and ATA avalanche schools.

A Coloradan by accident and CMC member by chance, Ricardo discovered a new passion and expertise. Raised in Los Angeles, he was passing through Colorado for the first time when he was so awed by the Rocky Mountains he decided to stay.

“I want to give back to the club that made all this possible.”

Years later, established in Denver with a family and career in medical technology, Ricardo was on a family outing to St. Mary’s Glacier when he saw two mountaineers hiking down the glacier in full climbing gear. He had never hiked or climbed, but, he said, “As I looked up at the mountains around us, I was instantly inspired to become one of those guys.”

After searching the web for mountaineering schools, Ricardo decided commercial instruction was too expensive. So he began reading about climbing and located a local climbing wall where he finagled some informal training and could practice rock climbing on his own.

He spent hundreds of hours on climbing walls and months in the mountains on his own. He bought topo maps and taught himself to read



Photo by Matthew Klimock

Ricardo Duarte on the summit of Mt. Rainier, July 4, 2013.

them. “Topos opened up a whole new world for me,” he said.

One day on a solo climb, he happened upon two CMC climbers, who mentioned he didn’t have some of the gear he should have, and suggested he join CMC for the excellent schools they offered. Ricardo admitted, “Twenty years in Denver and I had never heard of CMC.”

He looked up CMC.org and joined the club on a Friday, in January 2011. The very next day he attended CMC Denver’s Avalanche Terrain Avoidance School, his first formal training in Colorado mountain lore.

“I was blown away by ATA,” he said. “My first impression was of excellent information and immediate acceptance by members and instructors, alike. Now let’s see what WTS (Wilderness Trekking School) can do.” He enrolled in WTS, then Backpacking School, then every school that came along. He hiked and climbed every weekend he wasn’t in school.

“Every CMC course I took exceeded my expectations,” he said. “The training I received for a few hundred dollars would have cost \$20,000, commercially. CMC has survived a hundred years because of its volunteers. Now I want give back to the club that made all this possible.”

WILDERNESS HOW TO

*New Routes to a Paper Map
Free USGS topos available online*

by Joe Griffith, Director of Wilderness Trekking School

In the wilderness the information in a map is so important that the technology for presenting it must be absolutely reliable. Place your trust in ink on paper. Paper maps will long endure among the wilderness essentials, but newer technologies are rapidly changing how we acquire those maps. The closing of Map Sales in the Denver Federal Center is a sad symptom of that change. You can still purchase printed USGS maps through store.usgs.gov, but we will no longer have the joy of roaming through the stacks and displays where we might discover a new map or encounter a fellow map-lover.

Fortunately, the Internet is opening up other ways to obtain maps, many of them completely free of charge. In 2008 the USGS began work on a new series of 7.5’ quadrangle maps called US Topo. These maps, along with their earlier quadrangle maps, are available as PDF files at store.usgs.gov.

On the WTS website at hikingdenver.net/schools/wts/student-manual we have a tutorial, Free USGS Maps, describing how to download and print these maps. You are welcome to use that tutorial and the other files on our website.

(continued on page 2)

CALENDAR OF EVENTS

For more information about schools, speakers, volunteer opportunities, and special events, go to www.cmc.org and click on EVENTS. To see member-only schools and seminars, you must first sign in as a member.

DATE	EVENT	START TIME
7-Jan	BMS Orientation	6:30 PM
7-Jan	Fly Tying School	6:30 PM
8-Jan	Denver Group Council	6:30 PM
8-Jan	Open Wall Climb	6:00 PM
8-Jan	Photography Section	7:00 PM
8-Jan	BKPS	6:00 PM
9-Jan	Avalanche Terrain Avoidance	6:30 PM
10-Jan	RMOTHG Travel Slide Shows	7:00 PM
13-Jan	RMOTHG Board Meeting	2:00 PM
13-Jan	BMS Orientation	6:30PM
14-Jan	Tele Ski School	5:45 PM
14-Jan	Fly Tying School	6:30 PM
14-Jan	Open Wall Climb	6:00 PM
15-Jan	Open Wall Climb	6:00 PM
20-Jan	Denver Safety & Leadership	6:30 PM
21-Jan	Fly Tying School	6:30 PM
21-Jan	Adventure Travel Committee Meeting	6:30 PM
22-Jan	BMS Instructor Practice	5:00 PM
22-Jan	Winter Camping Instructors Meeting	6:30 PM
25-Jan	CMC Board Meeting	9:00 AM
25-Jan	Volunteer Open House	6:30 PM
27-Jan	New & Prospective Member Meeting	6:30 PM
28-Jan	Fly Tying School	6:30 PM
29-Jan	Open Wall Climb	6:00 PM
1-Feb	CMC - AT Advanced Leader Training	8:00 AM

(continued from page 1)

The instructions should work on any computer with a web browser and a copy of Adobe Reader, which is also free. Store.usgs.gov is a popular site, which occasionally overloads. You may need to try later if your browser freezes.



The new US Topo maps lack a necessary feature for hikers. They do not show trails. So in WTS we still use the older topographic maps though the trails on them have not been updated for nearly two decades. Since trails do change we encourage our students to supplement the topographic map with an up-to-date trail map. National Geographic Trails Illustrated maps and Latitude 40° maps serve this purpose very well.

For hikes in our parks there are also free options. Jefferson County Open Space, Denver Mountain Parks, Boulder County Open Space and Mountain Parks, Douglas County Outdoors, and Colorado State Parks all have trail maps on their websites. Some supply printed maps at trailheads and at local libraries.

These are just a few of the map resources available to you. For instance, in their Group-Hike planning our students eagerly use the vast amount of information that Internet search engines provide. With so many maps freely accessible it is easier and cheaper than ever to hike with essential maps in your pocket.

(The Mile High Mountaineer is looking for more "How To" submissions on such things as first-aid, route-finding, fire-starting, survival techniques, gear selection, apparel and nutrition. Contact Vicky Gits at victoriagits@comcast.net.)

WOODEN SKI DAY AT BRAINARD CABIN



Vertical wooden skis, John Wallack, Feb. 2012

John and Kris Wallack invite CMC members to join the Boulder Group at the Brainard Lake Cabin for a celebration of wooden skis on Saturday, Feb. 8. The Wallacks are providing hot drinks and staging a group photo at 1 p.m. The goal is to amass as many wooden skis as possible. Wooden Ski Day is not an official outing or event, just a fun and informal meeting of like-minded skiers. Hot chocolate, coffee and tea provided. The first such ski day was Feb. 2011 and attracted 17 pairs of wooden skis. The 3-mile trail to the cabin begins at Red Rocks Trailhead in the Indian Peaks Wilderness. For a map and description of the cabin see <http://cmcboulder.org/cabin-brainard.html> For information call John Wallack at 303-838-0253 or wallack44@gmail.com



Skiers: by Kent Groninger, Feb. 2012

SAVE THE DATE
 American Mountaineering Hall
 of Excellence Gala, April 5, 2014.
 Tickets on sale in February

Connect with the Denver Group's online website:

HikingDenver.net

for latest about schools, trips and events.

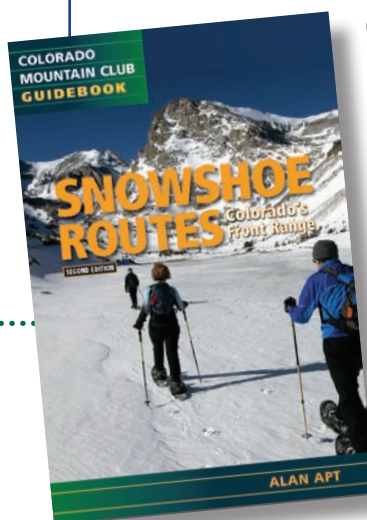
FREE SNOWSHOEING PRESENTATION

(New date due to snow cancellation)

Jan. 15, 7:00 P.M.

CMC Press Author Alan Apt
American Mountaineering Center

Free introduction to backcountry snowshoeing with Colorado Mountain Club Press author Alan Apt at the American Mountaineering Center in Golden. Learn snowshoeing basics and winter mountaineering tips. See photos of the more than 80 trails featured in the second edition of the bestseller, "Snowshoe Routes: Colorado's Front Range." Trails range from 14ers to easy family strolls in some of the most



scenic locations near the Front Range, including comprehensive coverage of Rocky Mountain National Park. Apt will also cover avalanche awareness basics for safe winter travel. Autographed copies will be available at the CMC member discounted price.

FRIDAY NIGHT AT THE MOVIES

The Rocky Mountain Over the Hill Gang is having a Friday night adventure-trip slide-show party involving up to five presenters, from 7 to 9 p.m. Jan. 10 at the AMC Conference Room D. There will be popcorn and pop. Participants are invited to load a maximum of 15 photos into a PowerPoint for the showing. To sign up go to www.cmc.org, click on events and go to Jan. 10 "RMOTHG Friday Night at the Movies." Deadline is Jan. 8. Fee \$7.

For info contact Sue Henley 303-570-0129.

NEW EDITOR FOR MHM

With this issue of the Mile High Mountaineer, freelance journalist Vicky Gits, a member since 2000, is assuming the role of content editor from Linda Lawson, who has been content editor for five years. CMC member, Deborah Duke continues in the role of designer.

For content and photo submittals please contact Vicky at victoriagits@comcast.net or MHMeditor@cmc.org.



Vicky Gits



Deborah Duke

Many thanks to Linda Lawson for her contributions to the MHM newsletter.



MT. PRINCETON WEEKEND

The Mt. Princeton weekend for 2014 will take place from February 28 to March 2. Please, mark your calendars. The prices are still being negotiated and will be published in the following newsletter or can be obtained by contacting Getty Nuhn 719-473-8868, Hinuhn@comcast.net or Becky Zenthofer 719-633-1367, Beckyzee@comcast.net.

SKI DENVER ENVISIONS IN-TOWN NORDIC TRAILS



In-town, nordic skiing on groomed trails on the scenic grounds of the Wellshire Golf Course at Hampden Avenue and Colorado Boulevard in south Denver, is the goal of a new nonprofit called Ski Denver also known as the Denver Nordic Ski Association.

Ski Denver would like to offer skiing this winter but there are still a number of logistical hurdles that need to be accomplished first, said a spokesperson for the Denver Parks and Recreation Department. An opening date has not yet been decided. If the details are worked out, skate skiing and classic nordic track will be available for free under an agreement that has been approved by the Denver City Council and Denver Parks and Recreation, which owns the golf course.

Ski Denver spent the last year raising money to buy grooming equipment and is currently shopping for a snowmobile, said Russ Rizzo, a founding member of Ski Denver. Rizzo is looking forward to the skate skiing option, which he says is a "just a great workout and a ton of fun."

The plan is to have 3 kilometers of groomed trails open to the public. Plenty of parking is available at the parking lot north of the golf clubhouse. There will be a portable toilet but no concessions.

The current plan shows two loops, a short beginner and a loop on the golf-course grounds. Skiers must stay on the groomed course and are not allowed.

Ski Denver, is a 501(c)3 nonprofit organization.

The idea is based on a popular program operated by the nonprofit Boulder Nordic Club in North Boulder Park.

Individuals and families are invited to sign up for membership, but membership is not necessary to use the course. (Individuals, \$50; Families, \$75) Members get discounts to other Nordic centers and on retail items in shops.

To become a paid Ski Denver member, to learn more or volunteer, go to www.skidenver.org. Sign up for the free newsletter to be notified of latest developments.

DENVER GROUP SCHOOLS

For more information and to register for Denver Group Schools, go to www.cmc.org, log in as a member, and go to CLASSES. Members of other CMC Groups are welcome to attend these schools for a \$10 surcharge. Denver Group Standard Refund Policy: "Student/Participant requests for refunds of tuition/fees must be requested in writing to the appropriate school or event director. Requests made prior to 30 days before the beginning of the school/event will be processed less a \$10 handling fee. Requests made within 30 days of the school/event will be refunded at 50% of the amount paid. No refunds will be made after the beginning of the school/event. However, a refund less \$10 can be obtained if a person is found to take the original student's place in a school."

Introductory Fly Tying School (IFTS)

Contact: Jonathan Walter, 303-456-6279 before 9PM or j_walter@msn.com

Dates: Tuesday, January 7, 14, 21, 28

Time: 6:30- 9:30 PM at AMC, Golden

Fee: \$210 covers all materials, tools, and vise

Class Size Limits: Minimum 6; Maximum 10

Registration: Register on line at www.cmc.org. No refunds after 12/20/13.

There is great satisfaction from catching a fish on a fly that you tied! Come join us for this class and learn how! This is an entry level class that will cover thread and tool handling and basic techniques as we tie about 8 popular, versatile patterns for trout. The skills taught are applicable to many different patterns for trout and other species. Requirements are patience and good humor. A pair of 1.75-2X reading glasses can be extremely helpful. Tuition covers everything else you need. Fly tying can ultimately save you money and there is a special satisfaction in fooling a fish on a fly you tied!

You will get the most out of this class if you practice between classes---please set aside some time to do this.

Avalanche Terrain Avoidance (ATA)

Contact: Linda Lawson, lk114er@comcast.net or 303-793-0144

Session 2

Lecture: January 9

Time: 6:30 - 9:30 pm

Optional Field Day: January 11

Location: Conference Room, AMC, Golden

Fee: \$20 Trip Leaders, \$30 Non-Trip Leaders; \$35 Non CMC Members

Presenter: Adam Yaws

This 3 hour, one-evening seminar is offered to those who wish to AVOID avalanche terrain. The seminar is required for non-backcountry leaders who wish to lead winter trips in non-avalanche terrain.

There is an optional field day on January 11, Saturday, 8:00 - Noon. The field day allows students to use slope meters to determine potential avalanche prone terrain and non-prone avalanche terrain as well as to determine route finding. These techniques can be taught with or without snow conditions.

Register on-line for the ATA lecture. Register through the Activity Schedule for the field trip.

Telemark Ski School (TSS)

Contact: Jim Kennedy, Director at 303-663-1345 before 9pm or jim.kennedy@comcast.net

Fee: \$50 Denver Group Members; \$60 non-Denver Group Members; Fee DOES NOT include lift tickets of \$30 each sold on Lecture night

New Format: One Lecture and two on-snow field days

Session 1:

Lecture Tuesday, January 14th, Field weekend

Saturday, January 18th Loveland;

Sunday January 19th Backcountry;

Enrollment deadline January 9th

Prerequisite: Fitness to accommodate backcountry

& DG Moderate Ski Rating or Equivalent;

Students not fit for backcountry terrain will be asked to skip the backcountry field day with no refund

Session 2:

Lecture Tuesday, February 4th, Field

weekend Saturday February 8th Loveland; Sunday

February 9th Backcountry;

Enrollment deadline: January 31st

Prerequisite: Same as Session 1 above.

Students not fit for backcountry terrain will be asked to skip the backcountry field day with no refund

The Telemark Ski School celebrates over 30 years of providing quality volunteer instruction to hundreds of students hailing from all over Colorado! We help "never-ever", beginner, intermediate and advanced level Telemark skiers learn and/or improve their Telemark skiing skills, as well as teaching them how to transition those skills into the backcountry for more enjoyable adventures.

If you currently venture into the backcountry on touring skies, have witnessed telly skiers carving sweet s-turns down a slope and through the trees, and have wondered to yourself "can I do that", we are here to tell you that "YES, YOU CAN" and we'll help you get there.

AIARE Level 1 Avalanche School

Contact: Tom Creighton, Director at tecreighton@msn.com

Session 1: January 31, February 1 & 2;

8:00 AM - 5:00 PM

Lectures at Empire Community Center; Field Days at Berthoud Pass

Fee for Session 1: \$215 Denver members;

\$225 non-Denver members

Session 2: Lectures February 26 & 27 at AMC,

6:30-9:30 PM

Field Days March 1 & 2 at Empire Community Center at Berthoud Pass, 8:00 AM - 5:00 PM

Fee for Session 2: \$240 Denver members; \$250 non-DG members

Standard CMC Denver refund policy applies

If you participate in winter activities such as Ice or Snow Climbing, Telemark or Tour Skiing, Ski Mountaineering or Snowshoe in the backcountry, you want to know what AIARE Level 1 training can do for you. If you want to become a Backcountry Winter Leader this class is required for certification of all DG Backcountry winter trip leaders after September 30, 2011. Field days will be held IN AVALANCHE TERRAIN. Probe techniques and beacons will be used as components of Companion Rescue. Students need to have their own beacon, shovel, probe; rental of the avalanche package may be made from local

gear retailers.

"Decision Making in Avalanche Terrain"

Level 1 is a 3 day/24 hour introduction to avalanche hazard management that:

- Provides a basic understanding of avalanches
- Describes a framework for decision making and risk management in avalanche terrain
- Focuses on identifying the right questions, rather than on providing "answers"
- Gives lessons and exercises that are practically oriented, useful, and applicable in the field

Learning Outcomes:

- Plan and prepare for travel in avalanche terrain
- Recognize avalanche terrain
- Describe a basic framework for making decisions in avalanche terrain
- Learn and apply effective companion rescue

A final knowledge quiz tests student comprehension and provides feedback to instructors on instructional techniques

Winter Camping School (WCS)

Contact: Chuck Barnes, chuck_barnes@q.com

Lectures: Feb. 4, 11 and 25, 6:40 p.m. to after 9 p.m.

Day trips: Feb. 15, equipment, packing and cooking test and Feb. 22, snow shelter construction and practice.

Overnights: March 1-2, March 15-16, March 29-30 at Front Range locations

Required equipment: Snowshoes

Fee: \$60 for Denver Group members, \$70 for other CMC members

Learn how to stay warm, not how to tolerate cold. You will have fun and learn skills that will open a fourth season for your camping and/or backcountry enjoyment. This basic winter camping training program concentrates on equipment and techniques that are necessary for you to keep warm while camping overnight, but it also covers traveling, cooking, campsite preparation and other topics related to exposure in winter conditions. Be prepared to experience conditions that can vary from delightful to arctic dreadful.

Lectures are Tuesdays (Feb. 4, 11 and 25) starting at 6:40 p.m. ending after 9 p.m. A one-day equipment, packing and cooking test trip will be Saturday, Feb. 15. A second day trip will occur on Feb. 22, with a concentration on snow shelter construction.

Overnights are planned for the weekends of March 1-2, March 15-16 and March 29-30 at locations along the Front Range, with at least one likely to be near tree line. In order to successfully complete WCS, attendance at all lectures is required, as well as at least two posted overnight camping trips.

All outings will require snowshoes. Cross-country skis are not allowed. There are no prerequisites for this school. Equipment needs as well as where equipment can be rented/borrowed will be available during the lecture nights.

DENVER GROUP SCHOOLS

Registration is open until first lecture night. To register go to cmc.org, log in as a member and go to CLASSES.

Wilderness First Aid (WFA)

Contact: Carol Giffen cgbmeup1@msn.com

Class Schedule: Session 1: Feb. 26, March 5, 12, 15 (all-day); Session 2: April 6 and 13; Session 3: October 4 and 11; Session 4: Nov. 5, 12, 19, 22

Time: Evening lectures – 6:30 to 9:30 p.m.; full day, 8:30 a.m. to 4:30 p.m.

Fee: Leaders/instructors, \$67; members \$114

Attendance is required at all classes to complete the course; however, that can happen over a few different sessions. This comprehensive and nationally recognized WFA course follows a standardized program established by the Emergency Care and Safety Institute, and consists of 10 hours of lecture, 6 hours of practical experience and a written exam. Topics include patient assessment, weather related illness, medical emergencies, trauma, splinting, altitude illness and bites. A textbook is included in the fee. A WFA card good for 3 years is issued upon completion. The course is open to all CMC members, regardless of experience. Those with experience are encouraged to use this comprehensive course as a refresher and practice skills we rarely need but are critical in the field.

Online registration is open for Session 1: <https://www.cmc.org/Calendar/EventDetails.aspx?ID=25585> or call Membership Services at 303-279-3080 Ext 2.

Fly Fishing School (FFS)

Contact: Laurence Hoess, lhoess@gmail.com or 720-933-5219

Class Schedule: Wed. April 2, 6:30 p.m. - 9:15 p.m. Wed. April 9, 6:30 p.m. - 9:15 p.m.

Thurs. April 10 - optional shopping night for those needing gear Wed. April 16, 6 p.m. - 8:30 p.m.

Classes at AMC, Golden

Field Days: Sat. April 19, 7:30 a.m. to 3 p.m. at Lake Lehow. Sat. April 26, senior instructor's choice of time, place and duration.

Fee: \$160. Includes a 100-page handbook, 20 flies and many accessories with a value of \$100.

You will need a rod, reel, line, waders, boots and license by the first field day. Instructors can assist in selecting equipment that is right for you. Several retailers offer rentals and discounts.

If you enjoy the streams and lakes of the Rockies, this is for you. Fly Fishing School is designed for both beginning and novice anglers. The basics regarding gear, knots, bugs, fish behavior and casting are covered in three evening classes and two field days. Our school or similar experience is required for Denver Group fly-fishing trips. For information about all aspects of fly fishing visit our fly fishing section website at www.cmcflyfish.org.

To register go to www.hikingdenver.net. You will need your member ID and password.



Denver Trip Leader School (DTLS)

Contact: Uwe Sartori, uwesartori@mac.com

Lecture/Field Day: Saturday, Feb. 22

Time: 9:15 a.m. to 4:30 p.m. From 9:15 to 11:15 a.m. is a lecture format, Lone Tree Public Library Meeting Room; from 11:30 to 4:30 p.m. is Leader-In-Training (LIT) field practical, location TBD.

Webinar: One hour on a weekday evening, date TBD.

Limit: 12 max; 6 minimum

Prerequisites: CMC member for a minimum of 1 year and 3 CMC trips.

Fee: \$15

Registration: <https://cmc.org/Calendar/EventDetails.aspx?ID=25151>

The 2-hour lecture covers topics such as CMC policies, legal and risk considerations, trip planning, group dynamics, situational awareness, the trip cycle, the CMC ambassador role and leadership. The practical is a five-hour session in the field where leader candidates will engage in role-modeling, trip scenarios and discussions to gain a better understanding of what they can expect to encounter and learn ways to lead and manage a successful trip. A one-hour webinar will focus on how to build a trip using the CMC Trip Scheduling System. DTLS will assist leader candidates in securing LITs. To learn more about the Denver Trip Leader Program, click the link: <http://www.hikingdenver.net/trip-leaders>

FINAL NOTICE FOR 2014 BMS! BASIC MOUNTAINEERING SCHOOL: MANDATORY ORIENTATION MEETING DATES

Please come join us for one of the mandatory informational orientation sessions to learn more about BMS! We will tell stories, show a few slides and have previous students and current instructors available.

- Jan. 7 OR Jan. 13 at 6:30 p.m. **Mandatory Orientation Meeting.**

You must attend one meeting, not both.

- Feb. 28 BMS Application Deadline

Remember that to apply for the 2014 Basic Mountaineering School (BMS) you must have a Denver C hiker classification. Note that this entails successful completion of two C trips, one rated Difficult C, plus graduation from Wilderness Trekking School or Backpacking School. Note also that you do not have to get a B hiker classification before you get a C hiker classification. Available C Hikes become fewer as the winter season approaches so don't wait to get your C. For more information on Hiker Classifications go to www.hikingdenver.net/membership/tripclassifications.

For more information on BMS go to hikingdenver.net or bms.cmcschools.org.

If you have any questions, please contact Bill Haneghan, BMS director, at cmcpoodle@gmail.com

END OF THE TRAIL - BERNARD GOLDMAN

Bernard "Bernie" Goldman, a long-time member of CMC and a docent at the Bradford Washburn Mountaineering Museum, passed away on Oct. 27, 2013. Bernie held a degree in engineering and a master's degree from Columbia Graduate School of Journalism. He was retired from the US Navy and worked in both the aircraft and financial industries. He was involved in many civic organizations during his lifetime and was a member of the Loveland Racing Club, which promoted skiing for children. CMC was fortunate to have Bernie as an active member and a volunteer. Contributions may be made to the Bernie Goldman Memorial Scholarship Fund through the Loveland Ski Club, P.O. Box 1032, Georgetown, CO 80444 or charity of choice.

HIGH ALTITUDE MOUNTAINEERING SCHOOL (HAMS)

HAMS is accepting applications for the 2014 session. Please visit <http://www.hikingdenver.net/schools/hams> for more info on the school, prereqs, and the application form. The first lecture will be on Jan. 22.

Birding With Mike

"Ducks and Winter Residents"

\$50 Classes: Jan. 15 & 29

at Jefferson Unitarian Church, Golden.

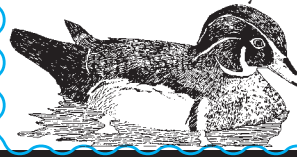
Field trips: Jan. 18, Feb. 1 & 15

(locations TBA at first class.)

In class we study slides of birds, as an aid to ID. In the field we consider ecology & conservation.

www.BirdingWithMike.com
answers most of your questions.

Contact
Mike: Mike1.
foster@
comcast.net



2014 - ADVENTURE TRAVEL

For your benefit and enjoyment, the following trips have been reviewed and approved by the Adventure Travel Committee and are officially sanctioned by the Colorado Mountain Club. For expanded information about these and other CMC Adventure Travel trips, go to www.cmc.org, click on Adventure Travel Trips bar at top of main screen.

Mexico High Peaks

Pico de Orizaba 18,475'
Izta 17,350'

First Trip: Jan. 11 - 19
Second Trip: Mar. 1 - 9

Fee: \$1,000 not including airfare

Limit: 11-12 persons

For application packet, contact the trip leader at: dave_covill@eogresources.com

Phone calls are OK, at 303-517-0355-cell.

Prerequisites: Recent graduation from a club high-altitude or advanced-mountaineering school, good physical conditioning. Equivalent experience such as BMS and alpine climbs will be considered. D rating preferred; C considered. Must possess crampons, axe, helmet, harness.

These are the first CMC trips in several years to the highest mountains in Mexico. Orizaba, third-highest peak in North America and a country high point, is a straightforward climb on snow with some moderate-angle icy sections. Izta has less snow climbing involved.

The first trip is led by Dave Covill, leader of a 9-person 2009 Orizaba trip, as well as numerous CMC trips in Colorado. Dave is a Denver Group Senior Instructor for Winter Camping, Knot Tying, Wilderness Trekking, and High Altitude Mountaineering Schools. Tom Chapel, Fort Collins Group safety chair, is co-leader. Veteran Adventure Travel leader Roger J. Wendell (rogerwendell@rogerwendell.com 206-202-2212) will lead the second trip on March 1, added due to overwhelming demand.

Interact with locals in Mexico, possibly visit cathedrals and museums in city of Puebla 2 hours away. We will conduct several training hikes, at least one of which will be mandatory. We will climb Izta after Orizaba, unless nearby Popo is smoking excessively and travel there is prohibited, in which case we will climb La Malinche, 14,640'. We use the Canchola House B&B, which caters to American style travelers, with small bedrooms, meals cooked for us, and other amenities. Participants will be selected by qualifications, not by date of application.

Yellowstone in Winter

Jan. 29 - Feb. 3

All classification levels welcome

Limit: 40 Minimum, 52 Maximum

Fee: \$995 - \$1290 depending on accommodations; \$100 discount if trip fills to 50 participants

Rick Pratt, rpratt905@gmail.com

303-871-3717

Trip application packets by email or [cmc.org](http://www.cmc.org) below
<https://www.cmc.org/Calendar/EventDetails.aspx?ID=24014>

Steaming geysers, bison, elk, deer, wolves, and other wildlife are all part of the experience of visiting Yellowstone National Park in the winter. Come enjoy

this most beautiful park when there are no crowds and everything is covered in snow. Along the way we will visit the Mountain Man Museum, the Elk Refuge and/or the National Museum of Wildlife Art during our overnight stay in Jackson WY. We travel during the day by bus/coach while enjoying the serenity of the Wyoming landscape without the worries of driving then transfer to snow coaches for the trip to Old Faithful.

Skiers, snowshoers and photographers will enjoy the convenient and well marked trails leading directly from the lodge (or snow coach drop-offs) to geysers and waterfalls and secluded forests.

New Zealand Great Walks

Feb. 14 - Mar. 1

Limit: 11

Estimated Cost: \$2,260 CMC Members; \$2,330 Non-Members; exclusions; final cost dependent on exchange rates, bookings and number of participants; (see AT website for inclusions & exclusions)

Prerequisites: Hike at Difficult B Level carrying 35-40 pound pack on good trails for 6-10 miles each day with approximately 1500 ft elevation gain; be able to do so in potentially inclement weather; leader approval of participants required <http://www.cmc.org/AdventureTravel/AdventureTravel.aspx>

Hike two of the famous Great Walks in New Zealand – the Milford and Routeburn Tracks. This trip features 7 days of moderate hut-to-hut backpacking in Fiordland National Park on the South Island of New Zealand. These scenic walks are considered some of the finest tracks in the world. Layover days in Queensland (between tracks) and in Auckland (at the end of the trip) will allow participants to explore additional cultural activities on their own. If bookings are available, the trip will also include an overnight excursion on Milford Sound.

Best of the Grand Canyon Colorado River Raft & Hike 2014

April 26 - May 8

Blake Clark and Rosemary Burbank
blakerosemary@cs.com, 303-871-0379

SIGN UP ON THE WAIT LIST.

Wait list people are given first priority for the 2015 trip.

This trip must fill one year in advance. Come join us for our seventh year in the Grand Canyon. Travel via motorized raft for 188 miles from Lee's Ferry to Whitmore Wash. Extensive opportunities for B and C level hikers. Return to put-in via helicopter and airplane. The incredible Grand Canyon experience! See Adventure Travel website for details. (<https://www.cmc.org/Calendar/EventDetails.aspx?ID=2918>)

Iceland – Landmannalauger to Skogar

July 7 - 18

Peter Hunkar: Peter629comcast.net or 303/323-5775

Fee: \$2,968 Members, \$3,057 Non Members

Limit: 10-12

Prerequisites: Good physical conditioning; Denver Hike Classification: B or equivalent experience

Trip Level: Elevation Gain 1000 – 3000 daily; 6 – 10 miles per day

Hike hut-to-hut with Icelandic Mountain Guide through multi-colored hills & gullies containing hundreds of steaming hot springs and mud pools; a magnificent canyon cut 600 ft down; arctic birch forests; a climb up and through a high pass dividing two glaciers. Descend the last day along the Skogaa River, enjoy the gorges and waterfalls along the way to the seacoast town of Skogar. Also explore Reykjavik. Accommodations include guest houses and mountain huts.

Switzerland – Trek the Haute Route

Aug. 8 - 24

Denise Snow: denisedansnow@q.com or 719/687-9576

Fee: \$2,409 Members; dependent on number of participants and exchange rate; Non Members + 3%
Limit: 8

Prerequisites: Excellent physical conditioning, experience hiking in an alpine environment; ability to hike 11 consecutive days with elevation gains of approximately 2400 ft per day and one day of over 5300 ft of gain; hiking on trails with exposure and using chains, rungs or ladders as aids

Hike the famous Swiss Haute Route and witness one of the greatest collections of 4000 meter peaks in all of the Swiss Alps. Visit spectacular valleys, skirt hanging glaciers, traverse lonely passes and fill your days with wonder. Travel from Champex, near the French border, to the Matterhorn region without carrying a tent, sleeping bag or stove. All nights spent in Swiss Alpine club huts, private mountain refuges or small hotels. Accommodations are shared room or dormitory; limited opportunity for private rooms at additional expense.

Tour of Mont Blanc Hike in Italy, Switzerland & France

Aug. 31 - Sept. 15

Cynthia Saer: cynsaer@gmail.com

Fee: \$3,600 Members; +3% Non-Members

Limit: 12

Prerequisites: Excellent physical conditioning, ability to hike 12 miles per day at a moderate pace; daily elevation gain of 4000 ft

Trip is filled but contact Cynthia to be on the wait list.

You will have awe-inspiring mountain views on

NOTE: Due to the number of AT trips, pricing details have been eliminated from the descriptions above but are included in the full trip descriptions on the website.

2014 - ADVENTURE TRAVEL

your journey which begins in Milan, Italy with the actual treks beginning and ending in Courmayeur Italy. The trip circumnavigates Mont Blanc, the highest peak in Western Europe at over 15,770 ft, crosses the Italian and French Alps and allows a rest day in Chamonix, France. Accommodations are in small hotels or inns and 3 nights in mountain huts, double occupancy.

Best Hikes of Italy

Sept. 14 - 26

Terri Morrow: morrow.terri@gmail.com

Fee: \$3,950 Members; \$4,069 Non Members

Limit: 14

Prerequisites: Able to hike at a Denver Classification Level of B and C

Trip is filled but contact Terri to be on the wait list.

Hike in the Italian Dolomites, the hills above Lake Garda and experience the trails connecting the Cirque Terre, five beautiful villages on the Italian Riviera.

The trip starts in Milan and on day one you will tour the Reinhold Messner Museum. The next three days are hikes in the Dolomites with a transfer to Rivia del Garda on Lake Garda. There are also opportunities for recreation on beautiful beaches, boat rides and garden tours. One evening includes an Italian cooking class. The return to Milan includes a visit to Leonardo da Vinci's *The Last Supper*.

Great Smoky Mountains National Park

Oct. 18 - 26

Chris Dohmen, cattanooga@gmail.com

Fee: \$800 - \$1,000. Trip starts and ends in Nashville, Tenn. Cost includes all ground transportation, overnight stays and group meals at cabin or lodge.

Limit: 8 - 10

Experience the beauty of one of the most biodiverse regions in America. Spend six or seven days mostly touring and hiking in Great Smoky Mountains National Park. If possible, spend last night at Charit Creek, an historic and rustic hike-in lodge with one-room log cabins in Big South Fork National Recreation Area. Our base in the Smokies is a cabin in Townsend, Tenn., a few yards from the national park boundary. Cabin has a screened-in porch overlooking the creek, a deck with a hot tub, wood stove and full kitchen. At the cabin we are responsible for all our meals unless we decide to go out. Trip leader has lived in these mountains for over a decade and will take you to the coolest places at one of the prettiest times of the year.

In Brief

5-5-14 - Wolverine Canyon-Escalante Llama Trek

5-10-14 - The Way to Santiago

7-12-14 - Peru; Ausangate (20,945')

7-21-14 - Mt. Kilimanjaro and Safari

8-4-14 - Wind Rivers Wyoming Llama Trek

8-15-14 - Mt. Ararat/Mt. Musala, Turkey and Bulgaria

(see www.cmc.org/AdventureTravel/Adventure-TravelTrips.aspx)

CMC VOLUNTEER OPEN HOUSES

Please come and find out how to get involved in your club. Enjoy some light refreshments!

Thursday, Jan. 23 • Thursday Feb. 20

6:30 to 8:30 p.m.

Friday, March 21

at our annual Mountain Fest.

The Colorado Mountain Club has a wide variety of ways our members can get involved in the CMC through volunteerism:

- CMC Event Volunteers – Greeters, ushers, and set-up
- Membership Services Support – Ongoing administrative help
- Stewardship and Trails – Trail building, maintenance and more
- Youth Education Program – Coaching and belaying youth at the AMC Climbing wall
- Outreach Volunteers – Sharing the CMC message at a variety of public events and club meetings, such as Rotary Clubs
- Speakers – Sharing expertise on outdoor skills topics, Adventure Travel, or related topics with CMC Groups

Please register, so we know how many people to expect:

www.cmc.org/volunteerJan

www.cmc.org/volunteerFeb



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we are excited about what's to come!

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JANUARY SOCIAL ACTIVITIES CALENDAR

In 2014 Any member can recruit new CMC members. Your social activities are a good venue for introducing adult family and friends to CMC. Patricia Leslie and Fred Siersma invite you to host an activity of your choice. Potluck gatherings are popular and a great way to bring members together and recruit new ones. Hosting a TGIF, TGIT, or TGIW is as easy as making a reservation at your favorite neighborhood café. And we welcome new ideas. Call us, Patricia 720-296-9422 or e-mail pleslie.leslie@gmail.com or Fred at 303-751-6639 or e-mail FredSiersma@aol.com. Unless listed in the CMC Activity Schedule online, these social activities are not considered official CMC activities.

Look ahead to Colorado's iconic January events. Breckenridge Ullr Festival, Jan. 5; Ouray Ice Festival (Jan. 9-12); Devil's Thumb Ranch Stagecoach Classic (Jan. 25) and Breckenridge Ice Sculpting Week (Jan. 21-25). Ice Sculpture Viewing Jan. 26-Feb. 2 (weather permitting). Use Google for all event updates, details, and dates. Feel free to call Patricia Leslie (contact top of page) with your questions. We will organize trips according to your interest, dates selected, and calls.

Breckenridge Ullr Festival. In Norse mythology Ullr (pronounced Oool-er) was the winter god. He was the son of Sif and the stepson of Thor, the "God of Thunder." Ullr loved the cold, and delighted in traveling over the country on his skis or skates. He also delighted in the chase, and pursued his game through the Northern Forests..

Friday 10 - Fred invites our CMC pals (new ones too) to join him at **Billy's Inn. 5:30 p.m.** 4403 Lowell Blvd (nwc corner). "Serving North Denver Highlands since 1933, Billy's Inn offers a Baja-style menu featuring our famous, fresh fish tacos, big salads, sandwiches as well as traditional plates. Our bar favorites include the best burgers in Denver, nachos, wings, and homemade green chili." E-mail FredSiersma@aol.com 303-751-6639.

Friday 17 - TGIF at Chad's. 5:30- 7 p.m. 275 Union Blvd. in Lakewood. Dick Dieckman. 303-980-0573. New members are always welcome to join us. Call Dick for meeting place in Chad's, directions for finding the CMC group.

Saturday 18 - Dinner at Le Central, 5 p.m. This French restaurant at 112 E. 8th Ave. is one of the best deals in town. Those interested will carpool afterward to the symphony (see below). Come to one or both events. For directions and reservation (required), call Bob Shedd, 303-733-2815, before 11:30 a.m. Saturday. Please note: Bob will switch to a different restaurant in the event of bad conditions for downtown driving.

Saturday 18 - Colorado Symphony, 7:30 p.m. Jeffrey Kahane conducts the symphony's "Return to Paris." Great music by Chopin and Ravel. Discount ticket price approximately \$28. To sign up, or to cancel, you must call the host by 11:30 a.m. on the day of the concert. Bob Shedd, 303-733-2815.

Saturday 18- Friday 31 Snowshoers and Cross-Country Skiers who enjoy the nordic centers check the CMC trip schedule for more trips that may be offered by CMC leaders Patricia Leslie and Scott Houchin. Scott will be leading cross-country day ski trips to the nordic center at Devil's Thumb, north of Winter Park. Check with him for optional lodging at the Rocky Mountain Chalet in Fraser. 303-601-4457. Scott is a ski patrol volunteer and welcomes your questions.

February Symphony Previews Saturday, Feb. 1 - Dinner at Colore Italian Restaurant & Pizzeria, 5:00 p.m. This restaurant at 2700 South Broadway (at Yale) has great food. Those interested will take RTD Light Rail to the symphony (see below). Come to one or both events. For directions and reservation (required), call Bob Shedd, 303-733-2815.

Saturday, Feb. 1 - Colorado Symphony, 7:30 p.m. Works by Britten, Tchaikovsky and Dvorak. Enjoy the concert with a group of CMC members and guests. Discount ticket price approximately \$28. To sign up, or to cancel, you must call the host by 11:30 a.m. on the day of the concert. Bob Shedd, 303-733-2815.



Breckenridge Ullr Fest

MILE HIGH MOUNTAINEER ADVERTISING RATES

Classified Ads: \$.45 per word for non-commercial ads; \$.65 per word for commercial and equipment for-sale ads.

Display Ads: Business Card, 2" x 3.5": \$50; 1/4 page, 3.5" x 4.75": \$100; 1/2 page, 7.5" x 4.75": \$175; full page: \$330

The MHM does not accept personal ads, and reserves the right to refuse any ad. E-mail ad text or PDF ads to mhm@cmc.org no later than the first of the month prior to publication, and call Membership Services 303-279-3080 Opt 2 with a credit card number for pre-payment. Please mention "MHM ad" in the subject line of your email. You may advertise by the month or by the quarter.

DENVER GROUP SECTION MEETING DATES



PHOTOGRAPHY SECTION January 8

Monthly Meetings 2nd
Wednesday 7:00pm

Contact: Frank Burzynski,

fburzynski@comcast.net

Location: Lower Level Conference Rm, AMC

GORP

(Great Outdoors
Reading Program)
January 9



Monthly Meetings 2nd
Thursday 7:00 PM. Meeting location TBD.
For info, stan338@gmail.com

January: *Kon Tiki*
by Thor Heyerdahl

February: *Seven Years in Tibet*
by Heinrich Harrer

March: *One Man's West*
by David Lavender

April: *Angle of Repose*
by Wallace Stegner

FLY FISHING SECTION



Fly Fishing Presentations &
Meetings will begin again in
March, 2014.

The Mile High Mountaineer

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